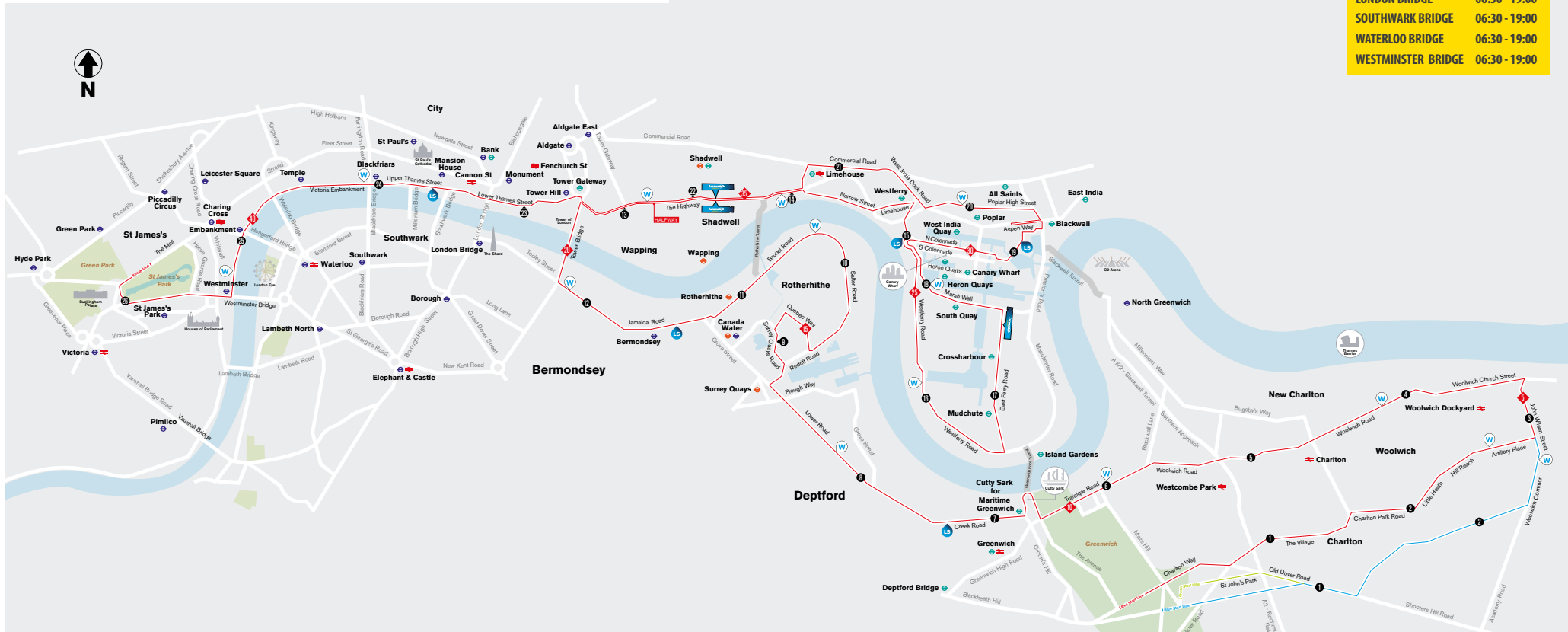
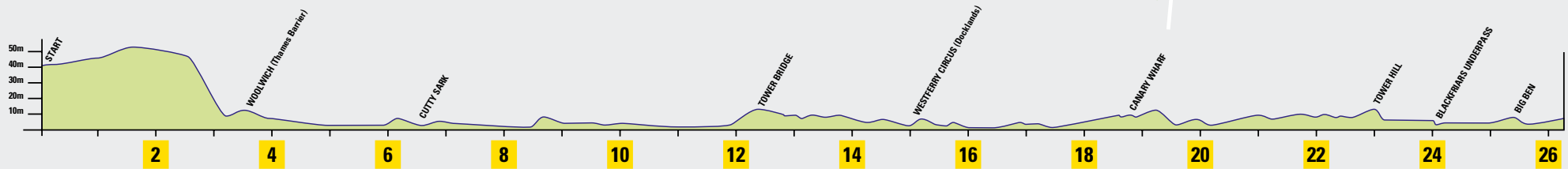


COURSE MAP

BRIDGE CLOSURE TIMES	
TOWER BRIDGE	08:00 - 19:00
LONDON BRIDGE	06:30 - 19:00
SOUTHWARK BRIDGE	06:30 - 19:00
WATERLOO BRIDGE	06:30 - 19:00
WESTMINSTER BRIDGE	06:30 - 19:00



ELEVATION PROFILE



KEY

- Buxton Natural Spring Water
- Lucozade Sports drink
- Lucozade Gel Station
- Mile Marker
- Music on course
- 10 KM Marker
- The Route