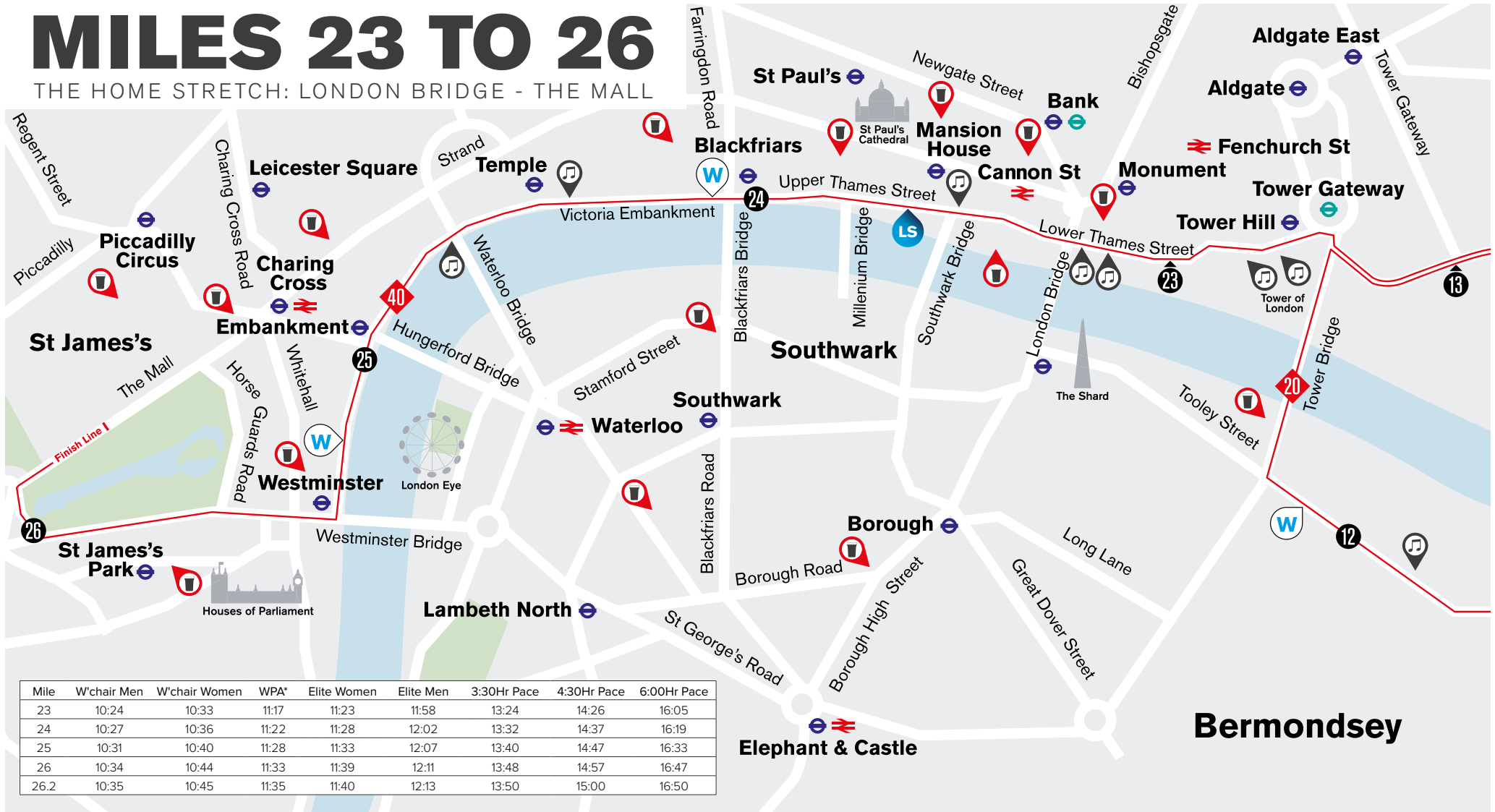


MILES 23 TO 26

THE HOME STRETCH: LONDON BRIDGE - THE MALL



Mile	W'chair Men	W'chair Women	WPA*	Elite Women	Elite Men	3:30Hr Pace	4:30Hr Pace	6:00Hr Pace
23	10:24	10:33	11:17	11:23	11:58	13:24	14:26	16:05
24	10:27	10:36	11:22	11:28	12:02	13:32	14:37	16:19
25	10:31	10:40	11:28	11:33	12:07	13:40	14:47	16:33
26	10:34	10:44	11:33	11:39	12:11	13:48	14:57	16:47
26.2	10:35	10:45	11:35	11:40	12:13	13:50	15:00	16:50

KEY

- Buxton Natural Mineral Water
- Fuller's pub on course
- Lucozade Sports drink
- Mile Marker
- Music on course
- KM Marker
- The Route