

LONDON MARATHON STATISTICS

Champions & Course Records

Champions

Year	Men		Women	
1981	Dick Beardsley	USA	Joyce Smith	GBR
	Inge Simonsen	NOR		
1982	Hugh Jones	GBR	Joyce Smith	GBR
1983	Mike Gratton	GBR	Grete Waitz	NOR
1984	Charlie Spedding	GBR	Ingrid Kristiansen	NOR
1985	Steve Jones	GBR	Ingrid Kristiansen	NOR
1986	Toshihiko Seko	JPN	Grete Waitz	NOR
1987	Hiroshi Taniguchi	JPN	Ingrid Kristiansen	NOR
1988	Henrik Jorgensen	DEN	Ingrid Kristiansen	NOR
1989	Douglas Wakiihuri	KEN	Veronique Marot	GBR
1990	Allister Hutton	GBR	Wanda Panfil	POL
1991	Yakov Tolstikov	URS	Rosa Mota	POR
1992	Antonio Pinto	POR	Katrin Dorre	GER
1993	Eamonn Martin	GBR	Katrin Dorre	GER
1994	Dionicio Ceron	MEX	Katrin Dorre	GER
1995	Dionicio Ceron	MEX	Malgorzata Sobanska	POL
1996	Dionicio Ceron	MEX	Liz McColgan	GBR
1997	Antonio Pinto	POR	Joyce Chepchumba	KEN
1998	Abel Anton	ESP	Catherina McKiernan	IRL
1999	Abdelkader El Mouaziz	MAR	Joyce Chepchumba	KEN
2000	Antonio Pinto	POR	Tegla Loroupe	KEN
2001	Abdelkader El Mouaziz	MAR	Derartu Tulu	ETH
2002	Khalid Khannouchi	USA	Paula Radcliffe	GBR
2003	Gezahegne Abera	ETH	Paula Radcliffe	GBR
2004	Evans Rutto	KEN	Margaret Okayo	KEN
2005	Martin Lel	KEN	Paula Radcliffe	GBR
2006	Felix Limo	KEN	Deena Kastor	USA
2007	Martin Lel	KEN	Zhou Chunxiu	CHN
2008	Martin Lel	KEN	Irina Mikiitenko	GER
2009	Sammy Wanjiru	KEN	Irina Mikiitenko	GER
2010	Tsegaye Kebede	ETH	Aselefech Mergia	ETH *
2011	Emmanuel Mutai	KEN	Mary Keitany	KEN
2012	Wilson Kipsang	KEN	Mary Keitany	KEN
2013	Tsegaye Kebede	ETH	Priscah Jeptoo	KEN
2014	Wilson Kipsang	KEN	Edna Kiplagat	KEN
2015	Eliud Kipchoge	KEN	Tigist Tufa	ETH
2016	Eliud Kipchoge	KEN	Jemima Sumgong	ETH
2017	Daniel Wanjiru	KEN	Mary Keitany	KEN

* Liliya Shobukhova (RUS) and Inga Abitova (RUS) were initially 1st and 2nd respectively in 2:22:00 and 2:22:19, with Mergia 3rd, but the Russians' results have been annulled following their suspensions for doping violations.

Course Records

Men	2016	Eliud Kipchoge	KEN	2:03:05
Women	2003	Paula Radcliffe	GBR	2:15:25 (mixed race)
Women	2017	Mary Keitany	KEN	2:17:01 (women only)

Margins of Victory

Men

Year	Winner	Winning margin (min:sec)	Runner-up
1981	Dick Beardsley/Inge Simonsen	1 min 5 secs	Trevor Wright (3rd)
1982	Hugh Jones	2:57	Oyvind Dahl
1983	Mike Gratton	0:29	Gerry Helme
1984	Charlie Spedding	1:44	Kevin Forster
1985	Steve Jones	0:17	Charlie Spedding
1986	Toshihiko Seko	1:42	Hugh Jones
1987	Hiromi Tanighuchi	0:19	Nechadi El Mostafa
1988	Henrik Jorgensen	0:32	Kevin Forster
1989	Douglas Wakiihuri	0:03	Steve Moneghetti
1990	Allister Hutton	0:30	Salvatore Bettiol
1991	Yakov Tolstikov	1:04	Manuel Matias
1992	Antonio Pinto	0:05	Jan Huruk
1993	Eamonn Martin	0:03	Isidro Rico
1994	Dionicio Ceron	0:24	Abebe Mekonnen
1995	Dionicio Ceron	0:03	Steve Moneghetti
1996	Dionicio Ceron	0:26	Vincent Rousseau
1997	Antonio Pinto	0:02	Stefano Baldini
1998	Abel Anton	0:10	Abdelkader El Mouaziz
1999	Abdelkader El Mouaziz	1:03	Antonio Pinto
2000	Antonio Pinto	0:57	Abdelkader El Mouaziz
2001	Abdelkader El Mouaziz	1:04	Paul Tergat
2002	Khalid Khannouchi	0:10	Paul Tergat
2003	Gezahegne Abera	0:00	Stefano Baldini
2004	Evans Rutto	0:30	Sammy Korir
2005	Martin Lel	0:23	Jaouad Gharib
2006	Felix Limo	0:02	Martin Lel
2007	Martin Lel	0:03	Abderrahim Goumri
2008	Martin Lel	0:09	Sammy Wanjiru
2009	Sammy Wanjiru	0:10	Tsegaye Kebede
2010	Tsegaye Kebede	1:04	Emmanuel Mutai
2011	Emmanuel Mutai	1:05	Martin Lel
2012	Wilson Kipsang	2:06	Martin Lel
2013	Tsegaye Kebede	0:29	Emmanuel Mutai
2014	Wilson Kipsang	0:26	Stanley Biwott
2015	Eliud Kipchoge	0:05	Wilson Kipsang
2016	Eliud Kipchoge	0:46	Stanley Biwott
2017	Daniel Wanjiru	0:09	Kenenisa Bekele

Women

Year	Winner	Winning margin (min:sec)	Runner-up
1981	Joyce Smith	9:00	Gillian Drake
1982	Joyce Smith	6:32	Lorraine Moller
1983	Grete Waitz	2:51	Mary O'Connor
1984	Ingrid Kristiansen	5:40	Priscilla Welch
1985	Ingrid Kristiansen	7:00	Sarah Rowell
1986	Grete Waitz	5:58	Mary O'Connor
1987	Ingrid Kristiansen	4:03	Priscilla Welch
1988	Ingrid Kristiansen	4:57	Ann Ford
1989	Veronique Marot	1:09	Wanda Panfil
1990	Wanda Panfil	1:30	Francie Larrieu-Smith
1991	Rosa Mota	1:21	Francie Larrieu-Smith
1992	Katrin Dorre	0:20	Renata Kokowska
1993	Katrin Dorre	0:18	Lisa Ondieki
1994	Katrin Dorre	0:43	Lisa Ondieki
1995	Malgorzata Sobanska	0:10	Manuela Machado
1996	Liz McColgan	2:55	Joyce Chepchumba
1997	Joyce Chepchumba	0:01	Liz McColgan
1998	Catherina McKiernan	0:28	Liz McColgan
1999	Joyce Chepchumba	0:44	Adriana Fernandez
2000	Tegla Loroupe	0:13	Lidia Simon
2001	Derartu Tulu	0:07	Svetlana Zakharova
2002	Paula Radcliffe	3:35	Svetlana Zakharova
2003	Paula Radcliffe	4:31	Catherine Ndereba
2004	Margaret Okayo	3:27	Lyudmila Petrova
2005	Paula Radcliffe	5:08	Constantina Tomescu-Dita
2006	Deena Kastor	1:53	Lyudmila Petrova
2007	Zhou Chunxiu	1:07	Gete Wami
2008	Irina Mikitenko	0:25	Svetlana Zakharova
2009	Irina Mikitenko	1:01	Mara Yamauchi
2010	Aselefech Mergia	0:39	Bezunesh Bekele *
2011	Mary Keitany	1:27	Edna Kiplagat **
2012	Mary Keitany	1:13	Edna Kiplagat
2013	Priscah Jeptoo	1:17	Edna Kiplagat
2014	Edna Kiplagat	0:03	Florence Kiplagat
2015	Tigist Tufa	0:18	Mary Keitany
2016	Jemima Sumgong	0:05	Tigist Tufa
2017	Mary Keitany	0:55	Tirunesh Dibaba

* Liliya Shobukhova (RUS) and Inga Abitova (RUS) were initially 1st and 2nd respectively in 2:22:00 and 2:22:19, with Mergia 3rd and Bekele 4th, but the Russians' results have been annulled following their suspensions for doping violations.

** Liliya Shobukhova (RUS) was initially 2nd in 2:20:15 but her result was later annulled when she was suspended for a doping violation.

Records Broken in London Marathons

Men

World Records

2:05:38 Khalid Khannouchi USA 2002

Area & Commonwealth Records

European	2:06:36	António Pinto	POR	2000
North American	2:05:38	Khalid Khannouchi	USA	2002
Commonwealth	2:05:48	Paul Tergat	KEN	2002

British Records: None, but-

England 2:08:21 Mo Farah GBR 2014

Current National Records set in London

Denmark	2:09:43	Henrik Jørgensen		1985
Italy	2:07:22	Stefano Baldini		2006
Lesotho	2:10:55	Thabiso Moqhali		1992
Morocco	2:05:27	Jaouad Gharib		2009
Norway	2:10:17	Geir Kvernmo		1987
Portugal	2:06:36	António Pinto		2000
Rwanda	2:09:55	Mathias Ntawalikura		2000
Sierra Leone	2:33:38	Idriussa Kargbo		2014
Slovakia	2:09:53	Róbert Stefko		1998
Sri Lanka	2:13:47	Anuradha Cooray		2015
Tanzania	2:08:01	Samson Ramadhani		2003
USA	2:05:38	Khalid Khannouchi		2002

National Records set in London 2000-17

Portugal	2:06:36	António Pinto		2000
Rwanda	2:09:55	Mathias Ntawalikura		2000
USA	2:05:38	Khalid Khannouchi		2002
Ethiopia	2:06:35	Haile Gebrselassie		2002
Italy	2:07:29	Stefano Baldini		2002
Tanzania	2:08:01	Samson Ramadhani		2003
Italy	2:07:22	Stefano Baldini		2006
Lebanon	2:28:29	Daoud Mustapha		2007
Morocco	2:05:30	Abderrahim Goumri		2008
Morocco	2:05:27	Jaouad Gharib		2009
Mongolia	2:11:35	Ser-Od Bat-Ochir		2011
Sierra Leone	2:33:38	Idriussa Kargbo		2014
Sri Lanka	2:13:47	Anuradha Cooray		2015

Women

World Records

2:25:29	Grete Waitz	NOR	1983
2:21:06	Ingrid Kristiansen	NOR	1985
2:18:56	Paula Radcliffe	GBR	2002 (women only)
2:15:25	Paula Radcliffe	GBR	2003
2:17:42	Paula Radcliffe	GBR	2005 (women only)
2:17:01	Mary Keitany	KEN	2017 (women only)

Area & Commonwealth Records

European	2:25:29	Grete Waitz	NOR	1983
European	2:24:26	Ingrid Kristiansen	NOR	1984
European	2:21:06	Ingrid Kristiansen	NOR	1985
Central American	2:24:06	Adriana Fernández	MEX	1999
European	2:15:25	Paula Radcliffe	GBR	2003
Commonwealth	2:15:25	Paula Radcliffe	GBR	2003
North American	2:21:16	Deena Drossin	USA	2003
North American	2:19:36	Deena Kastor (Drossin)	USA	2006
African	2:18:37	Mary Keitany	KEN	2012
African	2:17:01	Mary Keitany	KEN	2017

British Records

2:29:57	Joyce Smith	1981
2:29:43	Joyce Smith	1982
2:28:06	Sarah Rowell	1985
2:26:51	Priscilla Welch	1987
2:25:56	Véronique Marot	1989
2:18:56	Paula Radcliffe	2002
2:15:25	Paula Radcliffe	2003

Current National Records set in London

Burundi	2:27:50	Diane Nukuri	2015
Colombia	2:33:33	Érica Abril	2012
Costa Rica	2:44:33	Vilma Peña	1992
Denmark	2:29:34	Dorthe Rasmussen	1989
Finland	2:28:00	Ritva Lemettinen	1995
Great Britain & NI	2:15:25	Paula Radcliffe	2003
Gibraltar	4:22:51	Anabel Felipes	1998
Kenya	2:17:01	Mary Keitany	2017
Montenegro	2:39:07	Sladana Perunovic	2012
Namibia	2:26:09	Helalia Johannes	2012
New Zealand	2:25:21	Kim Smith	2010
Norway	2:21:06	Ingrid Kristiansen	1985
Puerto Rico	2:44:58	Yolanda Mercado	2007
Sierra Leone	2:46:20	Mamie Konneh-Lahun	2014
Tunisia	2:40:13	Amira Benamor	2012
USA	2:19:36	Deena Kastor	2006

National Records set in London 2000-17

Great Britain & NI	2:15:25	Paula Radcliffe	2003
USA	2:21:16	Deena Drossin	2003
Romania	2:22:50	Constantina Dita/Tomescu	2005
Ethiopia	2:21:52	Berhane Adere	2006
USA	2:19:36	Deena Kastor (Drossin)	2006
Puerto Rico	2:44:58	Yolanda Mercado	2007
New Zealand	2:25:21	Kim Smith	2010
Kenya	2:18:37	Mary Keitany	2012
Namibia	2:26:09	Helalia Johannes	2012
Colombia	2:33:33	Érica Abril	2012
Montenegro	2:39:07	Sladana Perunovic	2012
Tunisia	2:40:13	Amira Benamor	2012
Sierra Leone	2:46:20	Mamie Konneh-Lahun	2014
Burundi	2:27:50	Diane Nukuri	2015
Gibraltar	3:05:29	Emma Montiel	2016
Kenya	2:17:01	Mary Keitany	2017
Ethiopia	2:17:56	Tirunesh Dibaba	2017

Note: Liliya Shobukhova ran a Russian record of 2:20:15 in 2011 but that result has been annulled following her suspension for a doping violation.

Top 50 Performances in London

Men

Time	Name	Country	Position	Year
2:03:05	Eliud Kipchoge	KEN	1	2016
2:03:51	Stanley Biwott	KEN	2	2016
2:04:29	Wilson Kipsang	KEN	1	2014
2:04:40	Emmanuel Mutai	KEN	1	2011
2:04:42	Kipchoge		1	2015
2:04:44	Kipsang		1	2012
2:04:47	Kipsang		2	2015
2:04:55	Biwott		2	2014
2:05:10	Sammy Wanjiru	KEN	1	2009
2:05:15	Martin Lel	KEN	1	2008
2:05:19	Tsegaye Kebede	ETH	1	2010
2:05:20	Kebede		2	2009
2:05:24	Wanjiru		2	2008
2:05:27	Jaouad Gharib	MAR	3	2009
2:05:30	Abderrahim Goumri	MAR	3	2008
2:05:38	Khalid Khannouchi	USA	1	2002
2:05:45	Lel		2	2011
2:05:45	Patrick Makau	KEN	3	2011
2:05:48	Paul Tergat	KEN	2	2002
2:05:48	Daniel Wanjiru	KEN	1	2017
2:05:50	Dennis Kimetto	KEN	3	2015
2:05:57	Kenenisa Bekele	ETH	2	2017
2:06:04	Kebede		1	2013
2:06:15	Mutai		4	2008
2:06:17	Ryan Hall	USA	5	2008
2:06:18	Evans Rutto	KEN	1	2004
2:06:23	Mutai		2	2010
2:06:30	Kebede		3	2014
2:06:31	Ayele Abshero	ETH	4	2014
2:06:33	Mutai		2	2013
2:06:34	Marilson Gomes dos Santos	BRA	4	2011
2:06:35	Haile Gebrselassie	ETH	3	2002
2:06:36	Antonio Pinto	POR	1	2000
2:06:36	Bekele		3	2016
2:06:38	Deriba Merga	ETH	6	2008
2:06:39	Felix Limo	KEN	1	2006
2:06:41	Lel		2	2006
2:06:41	Biwott		4	2015
2:06:48	Sammy Korir	KEN	2	2004
2:06:51	Lel		2	2012
2:06:52	Abdelkader El Mouaziz	MAR	4	2002
2:06:52	Kebede		3	2012
2:06:53	Mutai		4	2009
2:06:55	Hendrick Ramaala	RSA	3	2006
2:06:55	Gharib		3	2010
2:06:57	Abshero		3	2013
2:07:04	Khannouchi		4	2006
2:07:06	Ian Syster	RSA	5	2002
2:07:11	El Mouaziz		1	2001
2:07:12	Gharib		3	2004

.

VIRGIN MONEY LONDON MARATHON 2018

Women

Time	Name	Country	Position	Year
2:15:25	Paula Radcliffe	GBR	1	2003
2:17:01	Mary Keitany	KEN	1	2017
2:17:42	Radcliffe		1	2005
2:17:56	Tirunesh Dibaba	ETH	2	2017
2:18:37	Keitany		1	2012
2:18:56	Radcliffe		1	2002
2:19:19	Keitany		1	2011
2:19:36	Deena Kastor	USA	1	2006
2:19:50	Edna Kiplagat	KEN	2	2012
2:19:55	Catherine Ndereba	KEN	2	2003
2:20:14	Priscah Jeptoo	KEN	3	2012
2:20:15	Jeptoo		1	2013
2:20:21	E Kiplagat		1	2014
2:20:24	Florence Kiplagat	KEN	2	2014
2:20:35	Dibaba		3	2014
2:20:38	Zhou Chunxiu	CHN	1	2007
2:20:46	E Kiplagat		3	2011
2:20:57	F Kiplagat		4	2012
2:21:06	Ingrid Kristiansen	NOR	1	1985
2:21:16	Drossin (Kastor)		3	2003
2:21:29	Lyudmila Petrova	RUS	2	2006
2:21:32	E Kiplagat	KEN	2	2013
2:21:42	Feysa Tadesse	ETH	4	2014
2:21:45	Gete Wami	ETH	2	2007
2:21:46	Susan Chepkemei	KEN	3	2006
2:21:52	Berhane Adere	ETH	4	2006
2:21:58	Galina Bogomolova	RUS	5	2006
2:22:11	Irina Mikitenko	GER	1	2009
2:22:31	Svetlana Zakharova	RUS	2	2002
2:22:33	Petrova		3	2002
2:22:35	Margaret Okayo	KEN	1	2004
2:22:38	Aselefech Mergia	ETH	1	2010
2:22:46	Reiko Tosa	JPN	4	2002
2:22:48	Kristiansen		1	1987
2:22:50	Constantina Tomescu-Dita	ROU	2	2005
2:22:58	Jemima Sumgong	KEN	1	2016
2:23:03	Tigist Tufa	ETH	2	2016
2:23:08	Mergia		3	2017
2:23:12	Chepkemei		4	2003
2:23:12	Mara Yamauchi	GBR	2	2009
2:23:12	Lucy Kabuu	KEN	5	2012
2:23:14	Petrova		5	2003
2:23:17	Bezunesh Bekele	ETH	2	2010
2:23:19	Chepkemei		5	2002
2:23:21	Aberu Kebede	ETH	5	2014
2:23:22	Joyce Chepchumba	KEN	1	1999
2:23:22	Tufa		1	2015
2:23:39	F Kiplagat		3	2016
2:23:40	Keitany		2	2015
2:23:41	Tirfi Tsegaye	ETH	3	2015

Note, the following results have been annulled following the athletes' suspensions for doping violations:

2:20:15	Liliya Shobukhova	RUS	(2)	2011
2:22:00	Shobukhova		(1)	2010
2:22:19	Inga Abitova	RUS	(2)	2010

Top 20 Britons in London

Men

Time	Name	Position	Year
2:08:16	Steve Jones	1	1985
2:08:21	Mo Farah	8	2014
2:08:33	Charlie Spedding	2	1985
2:08:36	Richard Nerurkar	5	1997
2:09:16	Allister Hutton	3	1985
2:09:17	Mark Steinle	8	2002
2:09:18	Paul Evans	8	1997
2:09:24	Hugh Jones	1	1982
2:09:31	Jon Brown	6	2005
2:09:43	Mike Gratton	1	1983
2:09:54	Tony Milovsorov	6	1989
2:10:12	Gerry Helme	2	1983
2:10:30	Dave Long	4	1991
2:10:50	Eamonn Martin	1	1993
2:10:52	Kevin Forster	2	1988
2:10:52	Callum Hawkins	8	2016
2:11:05	Mike O'Reilly	5	1990
2:11:19	Chris Thompson	11	2014
2:11:44	Jim Dingwall	5	1983
2:11:45	Steve Brace	7	1991

Women

Time	Name	Position	Year
2:15:25	Paula Radcliffe	1	2003
2:17:42	Radcliffe	1	2005
2:23:12	Mara Yamauchi	2	2009
2:25:56	Veronique Marot	1	1989
2:26:51	Priscilla Welch	2	1987
2:26:52	Liz McColgan	2	1997
2:27:44	Claire Hallissey	11	2012
2:28:06	Sarah Rowell	2	1985
2:28:10	Freya Murray	13	2012
2:28:24	Jo Pavey	18	2011
2:28:33	Liz Yelling	9	2008
2:28:38	Sally-Ann Hales	3	1985
2:29:06	Alyson Dixon	14	2017
2:29:18	Hayley Haining	12	2008
2:29:23	Charlotte Purdue	15	2017
2:29:43	Joyce Smith	1	1982
2:30:00	Louise Damen	22	2011
2:30:38	Ann Ford	2	1988
2:30:42	Tracy Barlow	16	2017
2:30:46	Susan Partridge	9	2013
2:31:06	Angie Pain	7	1989

Top 20 Overseas Athletes in London

Men

Time	Name	Country	Position	Year
2:03:05	Eliud Kipchoge	KEN	1	2016
2:03:51	Stanley Biwott	KEN	2	2016
2:04:29	Wilson Kipsang	KEN	1	2014
2:04:40	Emmanuel Mutai	KEN	1	2011
2:05:10	Sammy Wanjiru	KEN	1	2009
2:05:15	Martin Lel	KEN	1	2008
2:05:19	Tsegaye Kebede	ETH	1	2010
2:05:27	Jaouad Gharib	MAR	3	2009
2:05:30	Abderrahim Goumri	MAR	3	2008
2:05:38	Khalid Khannouchi	USA	1	2002
2:05:45	Patrick Makau	KEN	3	2011
2:05:48	Paul Tergat	KEN	2	2002
2:05:48	Daniel Wanjiru	KEN	1	2017
2:05:50	Dennis Kimetto	KEN	3	2015
2:05:57	Kenenisa Bekele	ETH	2	2017
2:06:17	Ryan Hall	USA	5	2008
2:06:18	Evans Rutto	KEN	1	2004
2:06:31	Ayele Abshero	ETH	4	2014
2:06:34	Marilson dos Santos	BRA	4	2011
2:06:35	Haile Gebrselassie	ETH	3	2002

Women

Time	Name	Country	Position	Year
2:17:01	Mary Keitany	KEN	1	2017
2:17:56	Tirunesh Dibaba	ETH	2	2017
2:19:36	Deena Kastor	USA	1	2006
2:19:50	Edna Kiplagat	KEN	2	2012
2:19:55	Catherine Ndereba	KEN	2	2003
2:20:14	Priscah Jeptoo	KEN	3	2012
2:20:24	Florence Kiplagat	KEN	2	2014
2:20:35	Tirunesh Dibaba	ETH	3	2014
2:20:38	Zhou Chunxiu	CHN	1	2007
2:21:06	Ingrid Kristiansen	NOR	1	1985
2:21:29	Lyudmila Petrova	RUS	2	2006
2:21:42	Feysa Tadesse	ETH	4	2014
2:21:45	Gete Wami	ETH	2	2007
2:21:46	Susan Chepkemei	KEN	3	2006
2:21:52	Berhane Adere	ETH	4	2006
2:21:58	Galina Bogomolova	RUS	5	2006
2:22:11	Irina Mikitenko	GER	1	2009
2:22:31	Svetlana Zakharova	RUS	2	2002
2:22:35	Margaret Okayo	KEN	1	2004
2:22:38	Aselefech Mergia	ETH	1	2010

Note: the following results have been annulled following the athletes' suspensions for doping violations:

2:20:15	Liliya Shobukhova	RUS	(2)	2011
2:22:00	Shobukhova		(1)	2010
2:22:19	Inga Abitova	RUS	(2)	2010

WORLD MARATHON STATISTICS

World & Continental Records

Men

World	2:02:57	Dennis Kimetto	KEN	Berlin	28 Sep 2014
Commonwealth	2:02:57	Dennis Kimetto	KEN	Berlin	28 Sep 2014
African	2:02:57	Dennis Kimetto	KEN	Berlin	28 Sep 2014
North American	2:05:38	Khalid Khannouchi	USA	London	14 Apr 2002
South American	2:06:05	Ronaldo da Costa	BRA	Berlin	20 Sep 1998
Asian	2:06:11 *	Yuta Shitara	JPN	Tokyo	25 Feb 2018
	2:06:16	Toshinari Takaoka	JPN	Chicago	13 Oct 2002
European	2:05:48 *	Sondre Nordstad Moen	NOR	Fukuoka	3 Dec 2017
	2:06:36	António Pinto	POR	London	16 Apr 2000
	2:06:36	Benoît Zwierzchlewski	FRA	Paris	6 Apr 2003
Central American	2:08:30	Dionicio Cerón	MEX	London	2 Apr 1995
Oceanian	2:08:16	Steve Moneghetti	AUS	Berlin	21 Apr 1986
World Junior (U20)	2:04:32	Tsegaye Mekonnen	ETH	Dubai	24 Jan 2014
Veterans 35+	2:03:59	Haile Gebrselassie	ETH	Berlin	28 Sep 2008
Veterans 40+	2:08:38	Kenneth Mungara	KEN	Milan	3 Apr 2016

Women

World	2:15:25	Paula Radcliffe	GBR	London	13 Apr 2003
World (women only)	2:17:01	Mary Keitany	KEN	London	23 Apr 2017
Commonwealth	2:15:25	Paula Radcliffe	GBR	London	13 Apr 2003
European	2:15:25	Paula Radcliffe	GBR	London	13 Apr 2003
African	2:17:01	Mary Keitany	KEN	London	23 Apr 2017
Asian	2:19:12	Mizuki Noguchi	JPN	Berlin	25 Sep 2005
North American	2:19:36	Deena Kastor	USA	London	23 Apr 2006
Oceanian	2:22:36	Benita Johnson	AUS	Chicago	22 Oct 2006
Central American	2:22:59	Madai Pérez	MEX	Chicago	22 Oct 2006
South American	2:26:48	Inés Melchor	PER	Berlin	28 Sep 2014
World Junior (U20)	2:20:59	Shure Demise	ETH	Dubai	23 Jan 2015
Veterans 35+	2:19:19	Irina Mikitenko	GER	Berlin	28 Sep 2008
Veterans 40+	2:23:31	Lydia Cheromei	KEN	Shanghai	12 Nov 2017

* Awaiting ratification

Note: the following times were run on Boston's point-to-point downhill course which is not recognised for records:

Men

North American	2:04:58	Ryan Hall	USA	Boston	18 Apr 2011
Central American	2:07:19	Andrés Espinosa	MEX	Boston	18 Apr 1994
Oceanian	2:07:51	Rob de Castella	AUS	Boston	21 Apr 1986

World All-Time Top 50 (as at 31 March 2018)

Men

Time	Name	Country	Place	City	Date
2:02:57*	Dennis Kimetto	KEN	1	Berlin	28 Sep 14
2:03:03	Kenenisa Bekele	ETH	1	Berlin	25 Sep 16
2:03:05	Eliud Kipchoge	KEN	1	London	24 Apr 16
2:03:13	Emmanuel Mutai	KEN	2	Berlin	28 Sep 14
2:03:13	Wilson Kipsang	KEN	2	Berlin	25 Sep 16
2:03:23*	Kipsang	KEN	1	Berlin	29 Sep 13
2:03:32	Kipchoge		1	Berlin	24 Sep 17
2:03:38*	Patrick Makau	KEN	1	Berlin	25 Sep 11
2:03:42	Kipsang		1	Frankfurt	30 Oct 11
2:03:45	Kimetto		1	Chicago	13 Oct 13
2:03:46	Guye Adola	ETH	2	Berlin	24 Sep 17
2:03:51	Stanley Bivott	KEN	2	London	24 Apr 16
2:03:52	E Mutai		2	Chicago	13 Oct 13
2:03:58	Kipsang		2	Tokyo	26 Feb 17
2:03:59*	Haile Gebrselassie	ETH	1	Berlin	28 Sep 08
2:04:00	Kipchoge	KEN	1	Berlin	27 Sep 15
2:04:00	Mosinet Geremew (10)	ETH	1	Dubai	26 Jan 18
2:04:02	Leul Gebrselassie	ETH	2	Dubai	26 Jan 18
2:04:05	Kipchoge	KEN	2	Berlin	29 Sep 13
2:04:06	Tamirat Tola	ETH	3	Dubai	26 Jan 18
2:04:06	Asefa Mengistu	ETH	4	Dubai	26 Jan 18
	(21 performances by 13 men)				
2:04:08	Sisay Lemma	ETH	5	Dubai	26 Jan 18
2:04:15	Geoffrey Mutai	KEN	1	Berlin	30 Sep 12
2:04:15	Berhanu Legesse	ETH	6	Dubai	26 Jan 18
2:04:23	Ayele Abshero	ETH	1	Dubai	27 Jan 12
2:04:24	Tesfaye Abera	ETH	1	Dubai	22 Jan 16
2:04:27	Duncan Kibet	KEN	1	Rotterdam	5 Apr 09
2:04:27	James Kwambai (20)	KEN	2	Rotterdam	5 Apr 09
2:04:28	Sammy Kitwara	KEN	2	Chicago	12 Oct 14
2:04:32	Tsegaye Mekonnen	ETH	1	Dubai	24 Jan 14
2:04:32	Dickson Chumba	KEN	3	Chicago	12 Oct 14
2:04:33	Haile Lemi	ETH	2	Dubai	22 Jan 15
2:04:38	Tsegaye Kebede	ETH	1	Chicago	7 Oct 12
2:04:44	Abdiqak Tura	ETH	7	Dubai	26 Jan 18
2:04:45	Lelisa Desisa	ETH	1	Dubai	25 Jan 13
2:04:48	Yemane Tsegay Adhane	ETH	1	Rotterdam	15 Apr 12
2:04:48	Berhanu Shiferaw	ETH	2	Dubai	25 Jan 13
2:04:49	Tadesse Tola (30)	ETH	3	Dubai	25 Jan 13
2:04:50	Dino Sefir	ETH	2	Dubai	27 Jan 12
2:04:50	Getu Feleke	ETH	2	Rotterdam	15 Apr 12
2:04:52	Feyisa Lilesa	ETH	2	Chicago	7 Oct 12
2:04:52	Endeshaw Negesse	ETH	4	Dubai	25 Jan 13
2:04:53	Bernard Koech	KEN	5	Dubai	25 Jan 13
2:04:54	Markos Geneti	ETH	3	Dubai	27 Jan 12
2:04:55*	Paul Tergat	KEN	1	Berlin	28 Sep 03
2:04:56	Sammy Korir	KEN	2	Berlin	28 Sep 03
2:04:56	Jonathan Maiyo	KEN	4	Dubai	27 Jan 12
2:05:03	Moses Mosop (40)	KEN	3	Rotterdam	15 Apr 12
2:05:04	Abel Kirui	KEN	3	Rotterdam	5 Apr 09
2:05:09	Lawrence Cherono	KEN	1	Amsterdam	15 Oct 17
2:05:10	Samuel Wanjiru	KEN	1	London	26 Apr 09
2:05:13	Vincent Kipruto	KEN	3	Rotterdam	11 Apr 10
2:05:13	Wilson Loyanae	KEN	1	Seoul	20 Mar 16
2:05:13	Norbert Kigen	KEN	2	Amsterdam	15 Oct 17
2:05:15	Martin Lel	KEN	1	London	13 Apr 08
2:05:16	Levi Matebo Omari	KEN	2	Frankfurt	30 Oct 11
2:05:21	Eliud Kiptanui	KEN	2	Berlin	27 Sep 15
2:05:21	Daniel Wanjiru (50)	KEN	1	Amsterdam	16 Oct 16
	On point-to-point and downhill course (drop of 139m overall)				
2:03:02	Geoffrey Mutai	KEN	1	Boston	18 Apr 11
2:03:06	Moses Mosop	KEN	2	Boston	18 Apr 11
2:04:53	Gebre-egziabher Gebremariam	ETH	3	Boston	18 Apr 11
2:04:58	Ryan Hall	USA	4	Boston	18 Apr 11

* World record

VIRGIN MONEY LONDON MARATHON 2018

Women

Time	Name	Country	Place	City	Date
2:15:25*	Paula Radcliffe	GBR	1	London	13 Apr 03
2:17:01	Mary Keitany	KEN	1	London	23 Apr 17
2:17:18*	Radcliffe		1	Chicago	13 Oct 02
2:17:42	Radcliffe		1	London	17 Apr 05
2:17:56	Tirunesh Dibaba	ETH	2	London	23 Apr 17
2:18:31	T Dibaba		1	Chicago	8 Oct 17
2:18:37	Keitany	KEN	1	London	22 Apr 12
2:18:47*	Catherine Ndereba	KEN	1	Chicago	7 Oct 01
2:18:56	Radcliffe		1	London	14 Apr 02
2:18:58	Tiki Gelana	ETH	1	Rotterdam	15 Apr 12
(10 performances by 5 women)					
2:19:12	Mizuki Noguchi	JPN	1	Berlin	25 Sep 05
2:19:17	Roza Dereje	ETH	1	Dubai	26 Jan 18
2:19:19	Irina Mikitenko	GER	1	Berlin	28 Sep 08
2:19:25	Gladys Cherono (10)	KEN	1	Berlin	27 Sep 15
2:19:30	Feysse Tadesse	ETH	2	Dubai	26 Jan 18
2:19:31	Aselefech Mergia	ETH	1	Dubai	27 Jan 12
2:19:34	Lucy Wangui Kabuu	KEN	2	Dubai	27 Jan 12
2:19:36	Deena Kastor	USA	3	London	23 Apr 06
2:19:39	Sun Yingjie ¶	CHN	1	Beijing	19 Oct 03
2:19:41	Yoko Shibui	JPN	1	Berlin	26 Sep 04
2:19:41	Tirfi Tsegaye	ETH	1	Dubai	22 Jan 16
2:19:44	Florence Kiplagat	KEN	1	Berlin	25 Sep 11
2:19:46*	Naoko Takahashi	JPN	1	Berlin	30 Sep 01
2:19:46	Yebrqual Melese (20)	ETH	3	Dubai	26 Jan 18
2:19:47	Sarah Chepchirchir	KEN	1	Tokyo	26 Feb 17
2:19:50	Edna Kiplagat	KEN	2	London	22 Apr 12
2:19:51	Zhou Chunxiu	CHN	1	Seoul	12 Mar 06
2:19:51	Birhane Dibaba	ETH	1	Tokyo	25 Feb 18
2:19:52	Mare Dibaba	ETH	3	Dubai	27 Jan 12
2:19:57	Rita Jeptoo ¶	KEN	1	Chicago	13 Oct 13
2:20:13	Haftamnesh Tesfay	ETH	5	Dubai	26 Jan 18
2:20:14	Priscah Jeptoo	KEN	3	London	22 Apr 12
2:20:22	Brigid Kosgei	KEN	2	Chicago	8 Oct 17
2:20:30	Bezenesh Bekele	ETH	4	Dubai	27 Jan 12
2:20:30	Aberu Kebede (30)	ETH	1	Berlin	30 Sep 12
2:20:41	Ruti Aga	ETH	2	Berlin	24 Sep 17
2:20:42	Berhane Adere	ETH	1	Chicago	22 Oct 06
2:20:43	Tegla Loroupe	KEN	1	Berlin	26 Sep 99
2:20:45	Gelete Burka	ETH	6	Dubai	26 Jan 18
2:20:47	Galina Bogomolova	RUS	2	Chicago	22 Oct 06
2:20:48	Jemima Sumgong ¶	KEN	2	Chicago	13 Oct 13
2:20:48	Amane Beriso	ETH	2	Dubai	22 Jan 16
2:20:53	Valary Aiyabei	KEN	3	Berlin	24 Sep 17
2:20:55	Purity Rionoripo	KEN	1	Paris	9 Apr 17
2:20:57	Jordan Hasay (40)	USA	3	Chicago	8 Oct 17
2:20:59	Shure Demise	ETH	4	Dubai	23 Jan 15
2:20:59	Agnes Barsosio	KEN	2	Paris	9 Apr 17
2:21:01	Meselech Melkamu	ETH	1	Frankfurt	28 Oct 12
2:21:06*	Ingrid Kristiansen	NOR	1	London	21 Apr 85
2:21:09	Meseret Hailu	ETH	1	Amsterdam	21 Oct 12
2:21:14	Shalane Flanagan	USA	3	Berlin	28 Sep 14
2:21:17	Eunice Jepkirui Kirwa	BRN	1	Nagoya	12 Mar 17
2:21:21	Joan Benoit	USA	1	Chicago	20 Oct 85
2:21:22	Filomena Cheyech (50)	KEN	3	Paris	9 Apr 17

On point-to-point and downhill course (drop of 139m overall)

2:18:57	Rita Jeptoo ¶	KEN	1	Boston	21 Apr 14
2:19:59	Buzunesh Deba	ETH	2	Boston	21 Apr 14
2:20:41	Jemima Sumgong	KEN	4	Boston	21 Apr 14
2:20:43	Margaret Okayo	KEN	1	Boston	15 Apr 02

Drugs disqualification

2:18:20	Liliya Shobukhova ¶	RUS	(1)	Chicago	9 Oct 11
2:20:23	Wei Yanan ¶	CHN	(1)	Beijing	20 Oct 02

* World record; ¶ drugs disqualification earlier or later in career

World Record Progression

Men

Time	Name	Country	Race	Date
2:55:19	Johnny Hayes	USA	London (OG)	24 Jul 08
2:52:46	Robert Fowler	USA	Yonkers	1 Jan 09
2:46:53	James Clark	USA	New York	12 Feb 09
2:46:05	Albert Raines	USA	New York	8 May 09
2:42:31	Fred Barrett	GBR	London	26 May 09
2:40:35	Thure Johansson	SWE	Stockholm	31 Aug 09
2:38:17	Harry Green	GBR	London	12 May 13
2:36:07	Alexis Ahlgren	SWE	London	31 May 13
2:32:36*	Hannes Kolehmainen	FIN	Antwerp (OG)	22 Aug 20
2:29:02	Albert Michelsen	USA	Port Chester	12 Oct 25
2:27:49	Fusashige Suzuki	JPN	Tokyo	31 Mar 35
2:26:44	Yasuo Ikenaka	JPN	Tokyo	3 Apr 35
2:26:42	Kitei Son**	JPN	Tokyo	3 Nov 35
2:25:39	Yun Bok Suh	KOR	Boston	19 Apr 47
2:20:43	Jim Peters	GBR	Chiswick	14 Jun 52
2:18:41	Peters		Chiswick	13 Jun 53
2:18:35	Peters		Turku	4 Oct 53
2:17:40	Peters		Chiswick	26 Jun 54
2:15:17	Sergey Popov	URS	Stockholm	24 Aug 58
2:15:17	Abebe Bikila	ETH	Rome (OG)	10 Sep 60
2:15:16	Toru Terasawa	JPN	Beppu	17 Feb 63
2:14:28	Buddy Edelen	USA	Chiswick	15 Jun 63
2:13:55	Basil Heatley	GBR	Chiswick	13 Jun 64
2:12:12	Bikila		Tokyo (OG)	21 Oct 64
2:12:00	Morio Shigematsu	JPN	Chiswick	12 Jun 65
2:09:37	Derek Clayton	AUS	Fukuoka	3 Dec 67
2:08:34	Clayton		Antwerp	30 May 69
2:08:18	Rob de Castella	AUS	Fukuoka	6 Dec 81
2:08:05	Steve Jones	GBR	Chicago	21 Oct 84
2:07:12	Carlos Lopes	POR	Rotterdam	20 Apr 85
2:06:50	Belayneh Dinsamo	ETH	Rotterdam	17 Apr 88
2:06:05	Ronaldo da Costa	BRA	Berlin	20 Sep 98
2:05:42	Khalid Khannouchi	MAR	Chicago	24 Oct 99
2:05:38	Khannouchi	USA	London	14 Apr 02
2:04:55	Paul Tergat	KEN	Berlin	28 Sep 03
2:04:26	Haile Gebrselassie	ETH	Berlin	30 Sep 07
2:03:59	Gebrselassie		Berlin	28 Sep 08
2:03:38	Patrick Makau	KEN	Berlin	25 Sep 11
2:03:23	Wilson Kipsang	KEN	Berlin	29 Sep 13
2:02:57	Dennis Kimetto	KEN	Berlin	28 Sep 14

*42.75km

** Sohn Kee Chung (KOR)

Note: ineligible for world record because of the point-to-point downhill nature of the Boston course.

2:03:02	Geoffrey Mutai	KEN	Boston	18 Apr 11
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VIRGIN MONEY LONDON MARATHON 2018

Women

Time	Name	Country	Race	Date
3:37:07	Merry Lepper	USA	Culver City	16 Dec 63
3:27:25	Dale Greig	GBR	Ryde	23 May 64
3:19:33	Mildred Sampson	NZL	Auckland	21 Jul 64
3:15:22	Maureen Wilton	CAN	Toronto	6 May 67
3:07:27	Anni Pede-Erdkamp	GER	Waldniel	16 Sep 67
3:02:53	Caroline Walker	USA	Seaside	28 Feb 70
3:01:42	Beth Bonner	USA	Philadelphia	9 May 71
2:55:22	Bonner		New York	19 Sep 71
2:49:40	Cheryl Bridges	USA	Culver City	5 Dec 71
2:46:36	Miki Gorman	USA	Culver City	2 Dec 73
2:46:24	Chantal Langlace	FRA	Neuf Brisach	27 Oct 74
2:43:55	Jacqueline Hansen	USA	Culver City	1 Dec 74
2:42:24	Lianne Winter	GER	Boston	21 Apr 75
2:40:16	Christa Vahlensieck	GER	Dulmen	3 May 75
2:38:19	Hansen		Eugene	12 Oct 75
2:35:16	Langlace		Oyarzun	1 May 77
2:34:48	Vahlensieck		West Berlin	10 Sep 77
2:32:30	Grete Waitz	NOR	New York	22 Oct 78
2:27:33	Waitz		New York	21 Oct 79
2:25:42	Waitz		New York	26 Oct 80
2:25:29	Waitz		London	17 Apr 83
2:22:43	Joan Benoit	USA	Boston	18 Apr 83
2:21:06	Ingrid Kristiansen	NOR	London	21 Apr 85
2:20:47	Tegla Loroupe	KEN	Rotterdam	19 Apr 98
2:20:43	Loroupe		Berlin	26 Sep 99
2:19:46	Naoko Takahashi	JPN	Berlin	30 Sep 01
2:18:47	Catherine Ndereba	KEN	Chicago	7 Oct 01
2:17:18	Paula Radcliffe	GBR	Chicago	13 Oct 02
2:15:25	Radcliffe		London	13 Apr 03

Women-only world bests since 1984 (approved courses only)

2:24:52	Joan Benoit	USA	Los Angeles (Oly)	8 Aug 84
2:23:51	Lisa Ondieki	AUS	Osaka	31 Jan 88
2:23:24	Lidia Simon	ROU	Osaka	31 Jan 99
2:23:22	Joyce Chepchumba	KEN	London	18 Apr 99
2:22:12	Eri Yamaguchi	JPN	Tokyo	21 Nov 99
2:18:56	Paula Radcliffe	GBR	London	14 Apr 02
2:17:42	Radcliffe		London	17 Apr 05
2:17:01	Mary Keitany	KEN	London	23 Apr 17

World's Best in 2017

Men

	Time	Name	Country	Place	City	Date
1	2:03:32	Eliud Kipchoge	KEN	1	Berlin	24 Sep
2	2:03:46	Guye Adola	ETH	2	Berlin	24 Sep
3	2:03:58	Wilson Kipsang	KEN	1	Tokyo	26 Feb
4	2:04:11	Tamirat Tola	ETH	1	Dubai	20 Jan
5	2:05:09	Lawrence Cherono	KEN	1	Amsterdam	15 Oct
6	2:05:13	Norbert Kigen	KEN	2	Amsterdam	15 Oct
7	2:05:15	Sammy Kitwara	KEN	1	Valencia	19 Nov
8	2:05:26	Abraham Kiptum	KEN	3	Amsterdam	15 Oct
9	2:05:30	Evans Kiplagat Chebet	KEN	2	Valencia	19 Nov
10	2:05:39	Mule Wasihun	ETH	4	Amsterdam	15 Oct
11	2:05:43	Amos Kipruto	KEN	5	Amsterdam	15 Oct
12	2:05:48	Daniel Wanjiru	KEN	1	London	23 Apr
13	2:05:48	Sondre Nordstad Moen	NOR	1	Fukuoka	3 Dec
14	2:05:50	Tola Shura	ETH	1	Frankfurt	29 Oct
15	2:05:51	Gideon Kipketer	KEN	2	Tokyo	26 Feb
16	2:05:57	Kenenisa Bekele	ETH	2	London	23 Apr
17	2:06:03	Felix Kandie	KEN	2	Seoul	19 Mar
18	2:06:04	Marius Kimutai	KEN	1	Rotterdam	9 Apr
19	2:06:05	Mark Korir	KEN	3	Seoul	19 Mar
20	2:06:10	Paul Lonyangata	KEN	1	Paris	9 Apr
21	2:06:12	Mosinet Geremew	ETH	3	Berlin	24 Sep
22	2:06:13	Festus Talam	KEN	1	Eindhoven	8 Oct
23	2:06:13	Felix Kirwa	KEN	2	Eindhoven	8 Oct
24	2:06:14	Vincent Kipruto	KEN	5	Berlin	29 Sep
25	2:06:15	Luka Kanda	KEN	1	Chuncheon	29 Oct
26	2:06:25	Dickson Chumba	KEN	3	Tokyo	26 Feb
27	2:06:25	Laban Korir	KEN	3	Rotterdam	9 Apr
28	2:06:27	Wilson Loyanae	KEN	5	Seoul	19 Mar
29	2:06:38	Deribe Robi	ETH	3	Valencia	19 Nov
30	2:06:43	Marius Kipserem	KEN	3	Eindhoven	8 Oct
31	2:06:44	Abera Kuma	ETH	4	Valencia	19 Nov
32	2:06:52	Philemon Rono	KEN	8	Toronto	22 Oct
33	2:06:54	Felix Kiprotich	KEN	1	Gyeongju	15 Oct
34	2:06:56	Kelkile Gezahegn	ETH	2	Frankfurt	29 Oct
35	2:06:57	Stephen Chebogut	KEN	2	Paris	9 Apr
36	2:07:10	Dejene Debela	ETH	4	Eindhoven	8 Oct
37	2:07:10	Stephen Kiprotich	UGA	2	Fukuoka	3 Dec
38	2:07:12	Solomon Kirwa Yego	KEN	3	Paris	9 Apr
39	2:07:13	Edwin Koech	KEN	1	Milan	2 Apr
40	2:07:19	Lucas Rotich	KEN	5	Rotterdam	9 Apr
41	2:07:19	Suguru Osako	JPN	3	Fukuoka	3 Dec
42	2:07:21	Yitayal Atnafu	ETH	4	Paris	9 Apr
43	2:07:21	Benson Kipruto	KEN	2	Gyeongju	15 Oct
44	2:07:25	Eliud Kiptanui	KEN	5	Valencia	19 Nov
45	2:07:26	Tsegaye Mekonnen	ETH	1	Hamburg	23 Apr
46	2:07:32	Mathew Kisorio	KEN	1	Daegu	2 Apr
47	2:07:33	Jacob Kibet Kendagor	KEN	6	Seoul	19 Mar
48	2:07:34	Samuel Tsegay	ERI	6	Valencia	19 Nov
49	2:07:39	Alfers Lagat	KEN	5	Tokyo	26 Feb
50	2:07:39	Tesfaye Abera	ETH	8	Amsterdam	15 Oct

VIRGIN MONEY LONDON MARATHON 2018

Women

	Time	Name	Country	Place	City	Date
1	2:17:01	Mary Keitany	KEN	1	London	23 Apr
2	2:17:56	Tirunesh Dibaba	ETH	2	London	23 Apr
3	2:19:47	Sarah Chepchirchir	KEN	1	Tokyo	26 Feb
4	2:20:22	Brigid Kosgei	KEN	2	Chicago	8 Oct
5	2:20:23	Gladys Cherono	KEN	1	Berlin	24 Sep
6	2:20:41	Ruti Aga	ETH	2	Berlin	24 Sep
7	2:20:53	Valary Aiyabei	KEN	3	Berlin	24 Sep
8	2:20:55	Purity Rionoripo	KEN	1	Paris	9 Apr
9	2:20:57	Jordan Hasay	USA	3	Chicago	8 Oct
10	2:20:59	Agnes Barsosio	KEN	2	Paris	9 Apr
11	2:21:17	Eunice Jepkirui Kirwa	BRN	1	Nagoya	12 Mar
12	2:21:19	Birhane Dibaba	ETH	2	Tokyo	26 Feb
13	2:21:22	Filomena Cheyech	KEN	3	Paris	9 Apr
14	2:21:36	Yuka Ando	JPN	2	Nagoya	12 Mar
15	2:21:37	Visiline Jepkesho	KEN	4	Paris	9 Apr
16	2:21:52	Edna Kiplagat	KEN	1	Boston	17 Apr
17	2:21:54	Tadelech Bekele	ETH	1	Amsterdam	15 Oct
18	2:22:15	Amane Beriso	ETH	2	Prague	7 May
19	2:22:36	Worknesh Degefa	ETH	1	Dubai	20 Jan
20	2:22:36	Ruth Chepngetich	KEN	1	Istanbul	12 Nov
21	2:22:43	Roza Dereje	ETH	1	Shanghai	12 Nov
22	2:22:51	Yebrqual Melese	ETH	5	Paris	9 Apr
23	2:22:51	Helen Tola	ETH	4	Berlin	24 Sep
24	2:22:57	Shure Demise	ETH	2	Dubai	20 Jan
25	2:23:08	Aselefech Mergia	ETH	3	London	23 Apr
26	2:23:09	Amane Gobena	ETH	3	Tokyo	26 Feb
27	2:23:31	Lydia Cheromei	KEN	2	Shanghai	12 Nov
28	2:23:35	Vivian Cheruiyot	KEN	1	Frankfurt	29 Oct
29	2:23:35	Damte Hirut	ETH	3	Shanghai	12 Nov
30	2:23:47	Mao Kiyota	JPN	3	Nagoya	12 Mar
31	2:23:59	Gulume Tollesa	ETH	4	Shanghai	12 Nov
32	2:24:04	Hirut Tibebe	ETH	4	Prague	7 May
33	2:24:18	Meskerem Assefa	ETH	1	Rotterdam	9 Apr
34	2:24:20	Nancy Kiprop	KEN	1	Vienna	23 Apr
35	2:24:22	Risa Shigemoto	JPN	1	Osaka	29 Jan
36	2:24:25	Rebecca Kangogo	KEN	2	Vienna	23 Apr
37	2:24:27	Eunice Chumba	BRN	2	Rotterdam	9 Apr
38	2:24:44	Madaí Pérez	MEX	4	Chicago	8 Oct
39	2:24:51	Gladys Chesire	KEN	2	Amsterdam	15 Oct
40	2:25:01	Letebrhan Gebreslasea	ETH	1	Dongying	7 May
41	2:25:15	Lisa Weightman	AUS	5	London	23 Apr
42	2:25:17	Lucy Karimi	KEN	3	Rotterdam	9 Apr
43	2:25:23	Azmera Abreha	ETH	3	Amsterdam	15 Oct
44	2:25:29	Margaret Agai	KEN	5	Shanghai	12 Nov
45	2:25:30	Jéssica Augusto	POR	1	Hamburg	23 Apr
46	2:25:32	Viola Kibiwot	KEN	4	Amsterdam	15 Oct
47	2:25:34	Abebech Afework	ETH	1	Gold Coast	2 Jul
48	2:25:38	Laura Thweatt	USA	6	London	23 Apr
49	2:25:39	Helah Kiprop	KEN	7	London	23 Apr
50	2:25:44	Misato Horie	JPN	2	Osaka	29 Jan

World's Best in 2018 (as at 31 March 2018)

Men

Time	Name	Country	Place	City	Date
2:04:00	Mosinet Geremew	ETH	1	Dubai	26 Jan
2:04:02	Leul Gebrselassie	ETH	2	Dubai	26 Jan
2:04:06	Tamirat Tola	ETH	3	Dubai	26 Jan
2:04:06	Asefa Mengistu	ETH	4	Dubai	26 Jan
2:04:08	Sisay Lemma	ETH	5	Dubai	26 Jan
2:04:15	Berhanu Legesse	ETH	6	Dubai	26 Jan
2:04:44	Abdiwak Tura	ETH	7	Dubai	26 Jan
2:05:30	Dickson Chumba	KEN	1	Tokyo	25 Feb
2:06:11	Yuta Shitara	JPN	2	Tokyo	25 Feb
2:06:33	Amos Kipruto	KEN	3	Tokyo	25 Feb
2:06:47	Gideon Kipketer	KEN	4	Tokyo	25 Feb
2:06:54	Hirohito Inoue	JPN	5	Tokyo	25 Feb
2:06:57	Wilson Loyanae	KEN	1	Seoul	17 Mar
2:07:03	Mark Korir	KEN	2	Seoul	17 Mar
2:07:11	Benson Kipruto	KEN	3	Seoul	17 Mar
2:07:30	Feyisa Lilesa	ETH	6	Tokyo	25 Feb
2:07:45	Marius Kimutai	KEN	4	Seoul	17 Mar
2:07:53	Joseph Ndirangu	KEN	1	Lake Biwa	4 Mar
2:07:57	Felix Kiprotich	KEN	5	Seoul	17 Mar
2:08:08	Ryo Kiname	JPN	7	Tokyo	25 Feb
2:08:08	Anthony Maritim	KEN	1	Barcelona	11 Mar
2:08:17	Albert Korir	KEN	2	Lake Biwa	4 Mar
2:08:22	Dickson Tuwei	KEN	1	Seville	25 Feb
2:08:23	Laban Mutei	KEB	2	Seville	25 Feb
2:08:26	Jake Robertson	NZL	3	Lake Biwa	4 Mar
2:08:26	Silas Too	KEN	2	Barcelona	11 Mar

Women

Time	Name	Country	Place	City	Date
2:19:17	Roza Dereje	ETH	1	Dubai	26 Jan
2:19:30	Feyse Tadesse	ETH	2	Dubai	26 Jan
2:19:46	Yebrqual Melese	ETH	3	Dubai	26 Jan
2:19:51	Birhane Dibaba	ETH	1	Tokyo	25 Feb
2:19:53	Worknesh Degefa	ETH	4	Dubai	26 Jan
2:20:13	Haftamnesh Tesfay	ETH	5	Dubai	26 Jan
2:20:45	Gelete Burka	ETH	6	Dubai	26 Jan
2:21:19	Ruti Aga	ETH	2	Tokyo	25 Feb
2:21:42	Amy Cragg	USA	3	Tokyo	25 Feb
2:21:45	Dera Dida	ETH	7	Dubai	26 Jan
2:21:45	Meskerem Assefa	ETH	1	Nagoya	11 Mar
2:22:07	Shure Demise	ETH	4	Tokyo	25 Feb
2:22:44	Mizuki Matsuda	JPN	1	Osaka	29 Jan
2:22:48	Valary Jemeli	KEN	2	Nagoya	11 Mar
2:23:07	Hanami Sekine	JPN	3	Nagoya	11 Mar
2:23:48	Honami Maeda	JPN	2	Osaka	29 Jan
2:24:05	Desi Jisa Mekonin	BRN	8	Dubai	26 Jan
2:24:08	Damte Hirut	ETH	1	Seoul	17 Mar
2:24:11	Senbere Teferi	ETH	9	Dubai	26 Jan
2:24:30	Margaret Agai	KEN	2	Seoul	17 Mar
2:24:31	Monica Jepkoech	KEN	3	Seoul	17 Mar
2:24:51	Biruktayit Degefa	ETH	1	Houston	14 Jan
2:24:57	Belaynesh Oljira	ETH	2	Houston	14 Jan
2:25:01	Mulu Seboka	ETH	4	Seoul	17 Mar
2:25:35	Boulaid Kaoutar	MAR	1	Seville	25 Feb

World Record Pace Guide

	Women's Record PAULA RADCLIFFE 2:15:25 at London 03 (her actual mile splits)	Women Only Record MARY KEITANY 2:17:01 at London 17 (her actual mile splits)	Men's Record DENNIS KIMETTO 2:02:57 at Berlin 14 (km splits; mile splits not taken)
Mile	Time	Time	Km Time Km split
1	5:10	5:15	1 2:52 2:52
2	10:18	10:14	2 5:47 2:55
3	15:15	14:57	3 8:46 2:59
4	20:22	19:53	4 11:43 2:57
5	25:32	24:57	5 14:42 2:59
6	30:54	30:08	6 17:36 2:55
7	36:06	35:17	7 20:32 2:56
8	41:17	40:22	8 23:29 2:57
9	46:35	45:31	9 26:26 2:57
10	51:48	50:45	10 29:24 2:58
11	56:58	55:51	11 32:18 2:55
12	1:02:14	1:01:07	12 35:22 3:04
13	1:07:30	1:06:18	13 38:22 3:00
13.1	1:08:02	1:06:54	14 41:19 2:57
14	1:12:38	1:11:35	15 44:10 2:51
15	1:17:48	1:16:49	16 47:03 2:54
16	1:23:01	1:22:07	17 49:58 2:55
17	1:28:08	1:27:23	18 52:52 2:54
18	1:33:19	1:32:37	19 55:44 2:52
19	1:38:26	1:37:57	20 58:36 2:52
20	1:43:33	1:43:14	21 1:01:28 2:53
21	1:48:44	1:48:33	22 1:04:23 2:55
22	1:53:50	1:53:59	23 1:07:16 2:53
23	1:59:03	1:59:28	24 1:10:10 2:54
24	2:04:06	2:04:55	25 1:13:08 2:58
25	2:09:14	2:10:20	26 1:16:02 2:55
26	-	2:15:13	27 1:18:56 2:54
26.2	2:15:25	2:17:01	28 1:21:53 2:57
			29 1:24:46 2:53
			30 1:27:38 2:52
			31 1:30:24 2:47
			32 1:33:15 2:51
			33 1:36:01 2:46
			34 1:38:50 2:49
			35 1:41:47 2:57
			36 1:44:39 2:52
			37 1:47:35 2:56
			38 1:50:33 2:58
			39 1:53:28 2:55
			40 1:56:29 3:01
			41 1:59:24 2:55
			42 2:02:20 2:56
			42.195 2:02:57 (Halves: 61:45/61:12)

Kimetto's 5km splits were:

5km	14:42
10km	14:42
15km	14:46
20km	14:26
25km	14:32
30km	14:30
35km	14:09
40km	14:42
42.195km	6:28

5km Split Times

Men

	World record DENNIS KIMETTO 2:02:57 Berlin 14	Course record ELIUD KIPCHOGE 2:03:05 London 16	British record STEVE JONES 2:07:13 Chicago 85
Km			
5	14:42	14:16	14:47
10	29:24	28:37	29:30
15	44:10	43:17	43:52
20	58:36	58:10	58:28
half	1:01:45	1:01:24	1:01:43
25	1:13:08	1:12:39	1:13:30
30	1:27:38	1:27:13	1:28:40
35	1:41:47	1:42:07	1:44:14
40	1:56:29	1:56:49	2:00:11
finish	2:02:57	2:03:05	2:07:13

Women

	World (women only) & Course record MARY KEITANY 2:17:01 London 17	World (mixed) and British record PAULA RADCLIFFE 2:15:25 London 03
Km		
5	15:31	15:48
10	31:17	32:01
15	47:15	48:15
20	1:03:26	1:04:38
half	1:06:54	1:08:02
25	1:19:43	1:20:36
30	1:36:05	1:36:36
35	1:52:39	1:52:33
40	2:09:38	2:08:29
finish	2:17:01	2:15:25

Mile & Kilometre Pace Charts

Here are two tables to convert a runner's pace to the time needed to cover a particular distance. To see the average race pace, look at the finish time and read the pace from the left-hand column. The table on this page is based on minutes per mile; the table on the following page on minutes per kilometre.

Mile Pace

1	5	10	Half	15	20	25	Mar
0:04:30	0:22:30	0:45:00	0:59:00	1:07:30	1:30:00	1:52:30	1:58:00
0:04:40	0:23:20	0:46:40	1:01:11	1:10:00	1:33:20	1:56:40	2:02:22
0:04:45	0:23:45	0:47:30	1:02:16	1:11:15	1:35:00	1:58:45	2:04:32
0:04:50	0:24:10	0:48:20	1:03:22	1:12:30	1:36:40	2:00:50	2:06:44
0:05:00	0:25:00	0:50:00	1:05:33	1:15:00	1:40:00	2:05:00	2:11:06
0:05:10	0:25:50	0:51:40	1:07:44	1:17:30	1:43:20	2:09:10	2:15:28
0:05:15	0:26:15	0:52:30	1:08:50	1:18:45	1:45:00	2:11:15	2:17:39
0:05:20	0:26:40	0:53:20	1:09:55	1:20:00	1:46:40	2:13:20	2:19:51
0:05:30	0:27:30	0:55:00	1:12:06	1:22:30	1:50:00	2:17:30	2:24:13
0:05:40	0:28:20	0:56:40	1:14:17	1:25:00	1:53:20	2:21:40	2:28:35
0:05:45	0:28:45	0:57:30	1:15:23	1:26:15	1:55:00	2:23:45	2:30:46
0:05:50	0:29:10	0:58:20	1:16:29	1:27:30	1:56:40	2:25:50	2:32:57
0:06:00	0:30:00	1:00:00	1:18:40	1:30:00	2:00:00	2:30:00	2:37:19
0:06:10	0:30:50	1:01:40	1:20:51	1:32:30	2:03:20	2:34:10	2:41:42
0:06:15	0:31:15	1:02:30	1:21:56	1:33:45	2:05:00	2:36:15	2:43:53
0:06:20	0:31:40	1:03:20	1:23:02	1:35:00	2:06:40	2:38:20	2:46:04
0:06:30	0:32:30	1:05:00	1:25:13	1:37:30	2:10:00	2:42:30	2:50:26
0:06:40	0:33:20	1:06:40	1:27:24	1:40:00	2:13:20	2:46:40	2:54:48
0:06:45	0:33:45	1:07:30	1:28:30	1:41:15	2:15:00	2:48:45	2:56:59
0:06:50	0:34:10	1:08:20	1:29:35	1:42:30	2:16:40	2:20:50	2:59:10
0:07:00	0:35:00	1:10:00	1:31:46	1:45:00	2:20:00	2:55:00	3:03:33
0:07:10	0:35:50	1:11:40	1:33:57	1:47:30	2:23:20	2:59:10	3:07:55
0:07:15	0:36:15	1:12:30	1:35:03	1:48:45	2:25:00	3:01:15	3:10:06
0:07:20	0:36:40	1:13:20	1:36:08	1:50:00	2:26:40	3:03:20	3:12:17
0:07:30	0:37:30	1:15:00	1:38:20	1:52:30	2:30:00	3:07:30	3:16:39
0:07:40	0:38:20	1:16:40	1:40:31	1:55:00	2:33:20	3:11:40	3:21:01
0:07:45	0:38:45	1:17:30	1:41:36	1:56:15	2:35:00	3:13:45	3:23:12
0:07:50	0:39:10	1:18:20	1:42:42	1:57:30	2:36:40	3:15:50	3:25:24
0:08:00	0:40:00	1:20:00	1:44:53	2:00:00	2:40:00	3:20:00	3:29:46
0:08:10	0:40:50	1:21:40	1:47:04	2:02:30	2:43:20	3:24:10	3:34:08
0:08:15	0:41:15	1:22:30	1:48:10	2:03:45	2:45:00	3:26:15	3:36:19
0:08:20	0:41:40	1:23:20	1:49:15	2:05:00	2:46:40	3:28:20	3:38:30
0:08:30	0:42:30	1:25:00	1:51:26	2:07:30	2:50:00	3:32:30	3:42:52
0:08:40	0:43:20	1:26:40	1:53:37	2:10:00	2:53:20	3:36:40	3:47:15
0:08:45	0:43:45	1:27:30	1:54:43	2:11:15	2:55:00	3:38:45	3:49:26
0:08:50	0:44:10	1:28:20	1:55:48	2:12:30	2:56:40	3:40:50	3:51:37
0:09:00	0:45:00	1:30:00	1:58:00	2:15:00	3:00:00	3:45:00	3:55:59
0:09:05	0:45:25	1:30:50	1:59:05	2:16:15	3:01:40	3:47:05	3:58:10
0:09:10	0:45:50	1:31:40	2:00:11	2:17:30	3:03:20	3:49:10	4:00:21

Kilometre Pace

1km	1M	5km	10km	15km	20km	Half	25km	30km	35km	40km	Mar
0:02:45	0:04:26	0:13:45	0:27:30	0:41:15	0:55:00	0:58:01	1:08:45	1:22:30	1:36:15	1:50:00	1:56:02
0:02:50	0:04:34	0:14:10	0:28:20	0:42:30	0:56:40	0:59:47	1:10:50	1:25:00	1:39:10	1:53:20	1:59:33
0:02:55	0:04:42	0:14:35	0:29:10	0:43:45	0:58:20	1:01:32	1:12:55	1:27:30	1:42:05	1:56:40	2:03:04
0:03:00	0:04:50	0:15:00	0:30:00	0:45:00	1:00:00	1:03:18	1:15:00	1:30:00	1:45:00	2:00:00	2:06:35
0:03:05	0:04:58	0:15:25	0:30:50	0:46:15	1:01:40	1:05:03	1:17:05	1:32:30	1:47:55	2:03:20	2:10:06
0:03:10	0:05:06	0:15:50	0:31:40	0:47:30	1:03:20	1:06:49	1:19:10	1:35:00	1:50:50	2:06:40	2:13:37
0:03:15	0:05:14	0:16:15	0:32:30	0:48:45	1:05:00	1:08:34	1:21:15	1:37:30	1:53:45	2:10:00	2:17:08
0:03:20	0:05:22	0:16:40	0:33:20	0:50:00	1:06:40	1:10:19	1:23:20	1:40:00	1:56:40	2:13:20	2:20:39
0:03:25	0:05:30	0:17:05	0:34:10	0:51:15	1:08:20	1:12:05	1:25:23	1:42:30	1:59:35	2:16:40	2:24:10
0:03:30	0:05:38	0:17:30	0:35:00	0:52:30	1:10:00	1:13:50	1:27:30	1:45:00	2:02:30	2:20:00	2:27:41
0:03:35	0:05:46	0:17:55	0:35:50	0:53:45	1:11:40	1:15:36	1:29:35	1:47:30	2:05:25	2:23:20	2:31:12
0:03:40	0:05:54	0:18:20	0:36:40	0:55:00	1:13:20	1:17:21	1:31:40	1:50:00	2:08:20	2:26:40	2:34:43
0:03:45	0:06:06	0:18:45	0:37:30	0:56:15	1:15:00	1:19:07	1:33:45	1:52:30	2:11:25	2:30:00	2:38:14
0:03:50	0:06:10	0:19:10	0:38:20	0:57:30	1:16:40	1:20:52	1:35:50	1:55:00	2:14:10	2:33:20	2:41:45
0:03:55	0:06:18	0:19:35	0:39:10	0:58:45	1:18:20	1:22:38	1:37:55	1:57:30	2:17:05	2:36:40	2:45:16
0:04:00	0:06:26	0:20:00	0:40:00	1:00:00	1:20:00	1:24:23	1:40:00	2:00:00	2:20:00	2:40:00	2:48:47
0:04:05	0:06:34	0:20:25	0:40:50	1:01:15	1:21:40	1:26:09	1:42:05	2:02:30	2:22:55	2:43:20	2:52:18
0:04:10	0:06:42	0:20:50	0:41:40	1:02:30	1:23:20	1:27:54	1:44:10	2:05:00	2:25:50	2:46:40	2:55:49
0:04:15	0:06:50	0:21:15	0:42:30	1:03:45	1:25:00	1:29:40	1:46:15	2:07:30	2:28:45	2:50:00	2:59:20
0:04:20	0:06:58	0:21:40	0:43:30	1:05:00	1:26:40	1:31:25	1:48:20	2:10:00	2:31:40	2:53:20	3:02:51
0:04:25	0:07:06	0:22:05	0:44:10	1:06:15	1:28:20	1:33:11	1:50:25	2:12:30	2:34:35	2:56:40	3:06:22
0:04:30	0:07:14	0:22:30	0:45:00	1:07:30	1:30:00	1:34:56	1:52:30	2:15:00	2:37:30	3:00:00	3:09:53
0:04:35	0:07:23	0:22:55	0:45:50	1:08:45	1:31:40	1:36:42	1:54:35	2:17:30	2:40:25	3:03:20	3:13:24
0:04:40	0:07:31	0:23:20	0:46:40	1:10:00	1:33:20	1:38:27	1:56:40	2:20:00	2:43:20	3:06:40	3:16:55
0:04:45	0:07:39	0:23:45	0:47:30	1:11:15	1:35:00	1:40:13	1:58:45	2:22:30	2:46:15	3:10:00	3:20:26
0:04:50	0:07:47	0:24:10	0:48:20	1:12:30	1:36:40	1:41:58	2:00:50	2:25:00	2:49:10	3:13:20	3:23:57
0:04:55	0:07:55	0:24:35	0:49:10	1:13:45	1:38:20	1:43:43	2:02:55	2:27:30	2:52:05	3:16:40	3:27:28
0:05:00	0:08:03	0:25:00	0:50:00	1:15:00	1:40:00	1:45:29	2:05:00	2:30:00	2:55:00	3:20:00	3:30:58
0:05:05	0:08:11	0:25:25	0:50:50	1:16:15	1:41:40	1:47:15	2:07:05	2:32:30	2:57:55	3:23:20	3:34:29
0:05:10	0:08:19	0:25:50	0:51:40	1:17:30	1:43:20	1:49:00	2:09:10	2:35:00	3:00:50	3:26:40	3:38:00
0:05:15	0:08:27	0:26:15	0:52:30	1:18:45	1:45:00	1:50:46	2:11:15	2:37:30	3:03:45	3:30:00	3:41:31
0:05:20	0:08:35	0:26:40	0:53:20	1:20:00	1:46:40	1:52:31	2:13:20	2:40:00	3:06:40	3:33:20	3:45:02
0:05:25	0:08:43	0:27:05	0:54:10	1:21:15	1:48:20	1:54:17	2:15:25	2:42:30	3:09:35	3:36:40	3:48:33
0:05:30	0:08:51	0:27:30	0:55:00	1:22:30	1:50:00	1:56:02	2:17:30	2:45:00	3:12:30	3:40:00	3:52:04
0:05:35	0:08:59	0:27:55	0:55:50	1:23:45	1:51:40	1:57:48	2:19:35	2:47:30	3:15:25	3:43:20	3:55:35
0:05:40	0:09:07	0:28:20	0:56:40	1:25:00	1:53:20	1:59:33	2:21:40	2:50:00	3:18:20	3:36:40	3:59:06
0:05:45	0:09:15	0:28:45	0:57:30	1:26:15	1:55:00	2:01:19	2:23:45	2:52:30	3:21:15	3:50:00	4:02:37
0:05:50	0:09:23	0:29:10	0:58:20	1:27:30	1:56:40	2:03:04	2:25:50	2:55:00	3:24:10	3:53:20	4:06:08

30km Records

World Records

Men

1:27:13 +	Eliud Kipchoge	KEN	London	24 Apr 2016
1:27:13 +	Stanley Biwott	KEN	London	24 Apr 2016

Women

Mixed	1:38:42 +	Aberu Kebede	ETH	Berlin	25 Sep 2016
	1:38:49 +	Mizuki Noguchi	JPN	Berlin	25 Sep 2005
Women only	1:36:05 +	Mary Keitany	KEN	London	23 Apr 2017

The fastest 30km times recorded in 2017 were:

Men

1:27:24 +	Eliud Kipchoge	KEN	Berlin	24 Sep
1:27:24 +	Guye Adola	ETH	Berlin	24 Sep

Women

1:36:05 +	Mary Keitany	KEN	London	23 Apr
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Area Records

Men

Africa	1:27:13 +	Eliud Kipchoge	KEN	London	24 Apr 2016
	1:27:13 +	Stanley Biwott	KEN	London	24 Apr 2016
Asia	1:28:00	Takayuki Matsumiya	JPN	Kumamoto	27 Feb 2005
Europe	1:29:00 +	António Pinto	POR	London	14 April 2002*
NACAC	1:28:35 +	Bolota Asmerom	USA	London	21 April 2013
South America	1:29:21 +	Marílson dos Santos	BRA	London	17 April 2011

Women

Africa	1:36:05 +	Mary Keitany	KEN	London	23 Apr 2017
Asia	1:38:49 +	Mizuki Noguchi	JPN	Berlin	25 Sep 2005
Europe	1:39:22 +	Paula Radcliffe	GBR	Helsinki	14 Aug 2005**
NACAC	1:39:15 +	Shalane Flanagan	USA	Berlin	28 Sep 2014
Oceania	1:40:12 +	Benita Johnson (Willis)	AUS	Chicago	22 Oct 2006
South America	1:43:30	Inés Melchor	PER	Berlin	28 Sep 2014

+ = en route to longer distance

* Britain's Steve Jones ran an unofficially timed 1:28:40+ to 30km at the 1985 Chicago Marathon (20 Oct 1985).

** Paula Radcliffe was timed at 1:21:03 (25km) and 1:37:27 (30km) during the 2005 London Marathon, but no records were applied for in either case. In 2005 there were only Champion Chip times at 25km and 30km but since then there have been official time keepers at the 30km mark to ratify any times for IAAF world record purposes.

Notes:

1. There are no time keepers at the 25km point in London because, at 8.5m above sea level, this point is more than a 25-metre drop from the start (39.459m asl) so 25km times are not eligible for official records. The 30km mark (10.794m on the north side of the road; 10.558m on the south side) is within the limit for records.

2. The men's official IAAF track world record for 30,000m is 1:26:47.4 by Moses Mosop (KEN) at Eugene on 3 June 2011.

3. The following result has been annulled following the athlete's suspension for a doping violation.

30km	1:38:23 +	Liliya Shobukhova	RUS	Chicago	9 Oct 2011
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BRITISH MARATHON STATISTICS

British All-Time Top 20

Men

Time	Name	Place	City	Time
2:07:13	Steve Jones	1	Chicago	20 Oct 85
2:08:21	Mo Farah	8	London	13 Apr 14
2:08:33	Charlie Spedding	2	London	21 Apr 85
2:08:36	Richard Nerurkar	5	London	13 Apr 97
2:08:52	Paul Evans	1	Chicago	20 Oct 96
2:09:08	Geoff Smith	2	New York	23 Oct 83
2:09:12	Ian Thompson	1	Christchurch	31 Jan 74
2:09:16	Allister Hutton	3	London	21 Apr 85
2:09:17	Mark Steinle	8	London	14 Apr 02
2:09:24	Hugh Jones (10)	1	London	9 May 82
2:09:28	Ron Hill	1	Edinburgh	23 Jul 70
2:09:28	John Graham	1	Rotterdam	23 May 81
2:09:31	Jon Brown	7	London	17 Apr 05
2:09:43	Mike Gratten	1	London	17 Apr 83
2:09:49	Dewi Griffiths	5	Frankfurt	29 Oct 17
2:09:54	Tony Milovsorov	6	London	23 Apr 89
2:10:12	Gerry Helme	2	London	17 Apr 83
2:10:17	Callum Hawkins	4	London (W Champs)	6 Aug 17
2:10:30	David Long	4	London	21 Apr 91
2:10:35	Steve Brace (20)	2	Houston	21 Jan 96
2:10:37	Tomas Abyu	2	Dublin	29 Oct 07
2:10:39	Mike O'Reilly	4	Fukuoka	5 Dec 93
2:10:48	Bill Adcocks	1	Fukuoka	8 Dec 68
2:10:50	Eamonn Martin	1	London	18 Apr 93

No. of British men under 2:11:00 – 28; 2:12:00 – 42; 2:13:00 – 61

Women

Time	Name	Place	City	Time
2:15:25	Paula Radcliffe	1	London	13 Apr 03
2:23:12	Mara Yamauchi	2	London	26 Apr 09
2:25:56	Véronique Marot	1	London	23 Apr 89
2:26:51	Priscilla Welch	2	London	10 May 87
2:26:52	Liz McColgan	2	London	13 Apr 97
2:27:44	Claire Hallissey	11	London	22 Apr 12
2:28:04	Sonia Samuels	9	Berlin	27 Sep 15
2:28:06	Sarah Rowell	2	London	21 Apr 85
2:28:10	Freya Ross (Murray)	13	London	22 Apr 12
2:28:24	Jo Pavey (10)	18	London	17 Apr 11
2:28:33	Liz Yelling	9	London	13 Apr 08
2:28:38	Sally-Ann Hales	3	London	21 Apr 85
2:28:39	Kathy Butler	9	Chicago	22 Oct 06
2:28:42	Marian Sutton	7	Chicago	24 Oct 99
2:29:06	Alyson Dixon	14	London	23 Apr 17
2:29:18	Hayley Haining	12	London	13 Apr 08
2:29:23	Charlotte Purdue	15	London	23 Apr 17
2:29:29	Sally Eastall	1	Sacramento	8 Dec 91
2:29:43	Joyce Smith	1	London	9 May 82
2:29:47	Paula Fudge (20)	3	Chicago	30 Oct 88

Note: best in women only race

2:17:42	Paula Radcliffe	1	London	17 Apr 05
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No. of British women under 2:32:00 – 29; 2:35:00 – 52

British Record Progression

Men

Time	Name	Club	Race	Date
3:16:08.6	William Clarke	Sefton H	White City (OG)	24 July 1908
2:42:31	Harry Barrett	Poly H	Polytechnic	26 May 1909
2:38:16.2 t	Harry Green		Stamford Bridge	12 May 1913
2:37:40.4	Bobby Mills	Leics H	Polytechnic	17 July 1920
2:35:58.2	Sam Ferris	RAF	Polytechnic	30 May 1925
2:35:27	Ferris		Liverpool	28 Sep 1927
2:34:34	Harry Payne	Woodford G	Polytechnic	6 July 1928
2:33:00	Ferris		Liverpool	26 Sep 1928
2:30:57.6	Payne		Polytechnic	5 July 1929
2:29:24	Jim Peters	Essex Beagles	Polytechnic	16 Jun 1951
2:20:42.2	Peters		Polytechnic	14 Jun 1952
2:18:40.2	Peters		Polytechnic	13 Jun 1953
2:18:34.8	Peters		Turku	4 Oct 1953
2:17:39.4	Peters		Polytechnic	26 Jun 1954
2:14:43	Brian Kilby	Coventry G	Port Talbot	6 July 1963
2:13:55	Basil Heatley	Coventry G	Polytechnic	13 Jun 1964
2:13:45	Alastair Wood	Aberdeen AAC	Inverness	9 July 1966
2:12:16.8	Bill Adcocks	Coventry G	Karl Marx Stadt	19 May 1968
2:10:47.8	Adcocks		Fukuoka	8 Dec 1968
2:10:30	Ron Hill	Bolton U H	Boston	20 Apr 1970
2:09:28	Hill		Edinburgh (CG)	23 July 1970
2:09:12	Ian Thompson	Luton	Christchurch (CG)	31 Jan 1974
2:09:08	Geoff Smith	Liverpool	New York	23 Oct 1983
2:08:05	Steve Jones	Newport	Chicago	21 Oct 1984
2:07:13	Jones		Chicago	20 Oct 1985

t = track race

Women

Time	Name	Club	Race	Date
3:27:25	Dale Greig		IoW	23 May 1964
3:11:54	Anne Clarke	Highgate H	Guildford	19 Oct 1975
3:07:47	Margaret Thompson	Luton	Korso, Finland	26 Oct 1975
2:50:55	Christine Readdy (Kilkenny)	Stoke	Feltham	4 Apr 1976
2:50:54	Rosemary Cox (Harrold)	Enfield	Rugby	3 Sep 1978
2:41:37	Joyce Smith	Barnet	Sandbach	6 July 1979
2:41:03	Gillian Adams (Horowitz)	Kent	Eugene, USA	9 Sep 1979
2:36:27	Smith		Waldniel, GER	22 Sep 1979
2:33:32	Smith		Sandbach	22 July 1980
2:30:27	Smith		Tokyo	16 Nov 1980
2:29:57	Smith		London	29 Mar 1981
2:29:43	Smith		London	9 May 1982
2:28:54	Priscilla Welch	Ranelagh	LA (OG)	5 Aug 1984
2:28:06	Sarah Rowell	Dartford	London	21 Apr 1985
2:28:04	Veronique Marot	Leeds	Chicago	20 Oct 1985
2:26:51	Welch		London	10 May 1987
2:25:56	Marot		London	23 Apr 1989
2:18:56	Paula Radcliffe	Bedford	London	14 Apr 2002
2:17:18	Radcliffe		Chicago	13 Oct 2002
2:15:25	Radcliffe		London	13 Apr 2003

WHEELCHAIR MARATHON STATISTICS

London Wheelchair Champions

Men

1983	Gordon Perry	GBR	3:20:07 (back start)
1984	Kevin Breen	IRL	2:38:40
1985	Chris Hallam	GBR	2:19:53
1986	Gerry O'Rourke	IRL	2:26:38
1987	Chris Hallam	GBR	2:08:34
1988	Ted Vince	CAN	2:01:37
1989	David Holding	GBR	1:59:31
1990	Hakan Ericsson	SWE	1:57:12
1991	Farid Amarouch	FRA	1:52:52
1992	Daniel Wesley	CAN	1:51:42
1993	George Vandamme	BEL	1:44:10
1994	David Holding	GBR	1:46:06
1995	Heinz Frei	SUI	1:39:14
1996	David Holding	GBR	1:43:48
1997	David Holding	GBR	1:42:15
1998	Heinz Frei	SUI	1:35:18
1999	Heinz Frei	SUI	1:35:27
2000	Kevin Papworth	GBR	1:41:50
2001	Denis Lemeunier	FRA	1:42:37
2002	David Weir	GBR	1:39:44
2003	Joel Jeannot	FRA	1:32:02
2004	Saul Mendoza	MEX	1:36:56 (course deviation)
2005	Saul Mendoza	MEX	1:35:51
2006	David Weir	GBR	1:29:48
2007	David Weir	GBR	1:30:49
2008	David Weir	GBR	1:33:56
2009	Kurt Fearnley	AUS	1:28:56
2010	Josh Cassidy	CAN	1:35:21
2011	David Weir	GBR	1:30:05
2012	David Weir	GBR	1:32:26
2013	Kurt Fearnley	AUS	1:31:29
2014	Marcel Hug	SUI	1:32:41
2015	Joshua George	USA	1:31:31
2016	Marcel Hug	SUI	1:35:24
2017	David Weir	GBR	1:31:06

Women

1983	Denise Smith	GBR	4:29:03 (back start)
1984	Kay McShane	IRL	3:10:04
1985	Kay McShane	IRL	2:47:12
1986	Kay McShane	IRL	3:02:40
1987	Karen Davidson	GBR	2:45:30
1988	Karen Davidson	GBR	2:41:45
1989	Josie Cidhockyj	GBR	3:03:54
1990	Connie Hansen	DEN	2:10:25
1991	Connie Hansen	DEN	2:04:40
1992	Tanni Grey	GBR	2:17:23
1993	Rose Hill	GBR	2:03:05
1994	Tanni Grey	GBR	2:08:26
1995	Rose Hill	GBR	2:17:02
1996	Tanni Grey	GBR	2:00:10
1997	Monica Wetterstrom	SWE	1:49:09
1998	Tanni Grey	GBR	2:02:01
1999	Monica Wetterstrom	SWE	1:57:38
2000	Sarah Piercy	GBR	2:23:30
2001	Tanni Grey-Thompson	GBR	2:13:55
2002	Tanni Grey-Thompson	GBR	2:22:51
2003	Francesca Porcellato	ITA	2:04:21
2004	Francesca Porcellato	ITA	2:04:58
2005	Francesca Porcellato	ITA	1:57:00
2006	Francesca Porcellato	ITA	1:59:57
2007	Shelly Woods	GBR	1:50:40
2008	Sandra Graf	SUI	1:48:04
2009	Amanda McGrory	USA	1:50:39
2010	Wakako Tsuchida	JPN	1:52:33
2011	Amanda McGrory	USA	1:46:31
2012	Shelly Woods	GBR	1:49:10
2013	Tatyana McFadden	USA	1:46:02
2014	Tatyana McFadden	USA	1:45:12
2015	Tatyana McFadden	USA	1:41:14
2016	Tatyana McFadden	USA	1:44:14
2017	Manuela Schär	SUI	1:39:57

Best Times in London

Men

Time	Name	Country	Year
1:28:56	Kurt Fearnley	AUS	2009
1:28:57	David Weir	GBR	2009
1:28:58	Ernst van Dyk	RSA	2009
1:29:48	Weir	GBR	2006
1:30:05	Weir	GBR	2011
1:30:07	Heinz Frei	SUI	2011
1:30:13	Masazumi Soejima	JPN	2009
1:30:15	Frei	SUI	2009
1:30:49	Weir	GBR	2007
1:30:50	Fearnley	AUS	2007
1:30:54	Tomasz Hamerlak	POL	2011
1:30:55	Roger Puigbo Verdageur	ESP	2011
1:30:56	Josh Cassidy	CAN	2011
1:30:57	Nobukazu Hamaoka	JPN	2011
1:31:01	Saul Mendoza	MEX	2011
1:31:01	Choke Yasuoka	JPN	2011
1:31:01	Denis Lemeunier	FRA	2011
1:31:06	Weir	GBR	2017
1:31:07	Marcel Hug	SUI	2017
1:31:07	Fearnley	AUS	2017
1:31:08	van Dyk	RSA	2017
1:31:09	Rafael Botello Jimenez	ESP	2017
1:31:09	Kota Hokinoue	JPN	2017
1:31:10	Aaron Pike	USA	2017
1:31:10	Joshua George	USA	2017
1:31:10	Hiroyuki Yamamoto	JPN	2017
1:31:11	Krige Schabort	USA	2017
1:31:11	James Senbeta	USA	2017
1:31:11	Ryota Yoshida	JPN	2017
1:31:11	Hiroki Nishida	JPN	2017
1:31:12	Jordi Madera	ESP	2017
1:31:12	Frei	SUI	2017
1:31:12	Tomoki Suzuki	JPN	2017
1:31:29	Fearnley	AUS	2013
1:31:29	Hug	SUI	2013
1:31:30	van Dyk	RSA	2013
1:31:30	Hamerlak	POL	2013
1:31:31	Weir	GBR	2013
1:31:31	Hokinoue	JPN	2013
1:31:31	George	USA	2015
1:31:32	Frei	SUI	2013
1:31:32	Weir	GBR	2015
1:31:33	Yamamoto	JPN	2013
1:31:33	Soejima	JPN	2015
1:31:33	Pierre Fairbank	FRA	2015
1:31:38	van Dyk	RSA	2015
1:31:56	Hamerlak	POL	2015
1:32:02	Joel Jeannot	FRA	2003
1:32:22	Hokinoue	JPN	2015
1:32:26	Weir	GBR	2012

Women

Time	Name	Country	Year
1:39:57	Manuela Schär	SUI	2017
1:41:14	Tatyana McFadden	USA	2015
1:43:56	Schär	SUI	2015
1:44:14	McFadden	USA	2016
1:44:15	Schär	SUI	2016
1:44:34	Amanda McGrory	USA	2017
1:45:12	McFadden	USA	2014
1:45:28	Wakako Tsuchida	JPN	2016
1:46:02	McFadden	USA	2013
1:46:04	McGrory	USA	2013
1:46:25	McGrory	USA	2015
1:46:27	Sandra Graf	SUI	2015
1:46:31	McGrory	USA	2011
1:46:31	Shelly Woods	GBR	2011
1:46:33	Graf	SUI	2011
1:46:34	McFadden	USA	2011
1:46:44	Schär	SUI	2014
1:46:45	Tsuchida	JPN	2014
1:47:06	Susannah Scaroni	USA	2015
1:47:37	Scaroni	USA	2017
1:47:41	McGrory	USA	2016
1:48:01	Graf	SUI	2013
1:48:04	Graf	SUI	2008
1:49:09	Monica Wetterstrom	SWE	1997
1:49:10	Woods	GBR	2012
1:49:50	Margriet van den Broek	NED	2017
1:50:39	McGrory	USA	2009
1:50:40	Woods	GBR	2007
1:50:40	Graf	SUI	2009
1:50:41	Diane Roy	CAN	2009
1:50:42	Edith Hunkeler	SUI	2009
1:50:43	Christie Dawes	AUS	2009
1:50:43	Dawes	AUS	2013
1:50:44	Woods	GBR	2013
1:50:46	Woods	GBR	2009
1:50:46	Shirley Reilly	USA	2013
1:50:47	Scaroni	USA	2013
1:51:01	Scaroni	USA	2014
1:51:01	Dawes	AUS	2014
1:51:46	Jade Jones	GBR	2017
1:51:58	McGrory	USA	2008
1:52:33	Tsuchida	JPN	2010
1:52:34	Graf	SUI	2010
1:52:36	McGrory	USA	2010
1:52:42	Zou Lihong	CHN	2016
1:52:49	Graf	SUI	2016
1:52:50	Scaroni	USA	2016
1:53:04	Tsuchida	JPN	2012
1:53:05	Roy	CAN	2012
1:53:44	Madison de Rozario	AUS	2013

World & British Records

World Para Athletics World Records

Men T54

1:20:14 Heinz Frei SUI Oita 1999

Women T54

1:38:07 Manuela Schär SUI Oita 2013

Wakako Tsuchida JPN Oita 2013

British Bests

Men T54

1:26:17 David Weir GBR Boston 2016

Women T54

1:37:44 Shelly Woods GBR Padua 2008

London Marathon Course Records

Men

1:28:56 Kurt Fearnley AUS 2009

Women

1:39:57 Manuela Schär SUI 2017

World's Fastest Times

Men

1:18:04 Marcel Hug SUI Boston 2017

Ernst van Dyk RSA Boston 2017

Women

1:28:17 Manuela Schär SUI Boston 2017

The Boston course is not accepted for world records.

Starters & Finishers

Year	Entrants	Starters	Finishers
1983	21	19	17
1984	28	26	26
1985	37	33	32
1986	48	42	37
1987	46	42	41
1988	51	48	43
1989	57	50	49
1990	77	63	60
1991	52	44	42
1992	66	52	50
1993	68	53	47
1994	59	49	48
1995	69	52	51
1996	64	45	45
1997	69	54	54
1998	60	49	48
1999	58	41	40
2000	55	42	40
2001	42	32	32
2002	59	46	44
2003	51	45	43
2004	42	31	29
2005	48	40	40
2006	35	28	26
2007	40	33	31
2008	39	37	35
2009	44	39	38
2010	48	39	34
2011	41	41	36
2012	48	38	38
2013	59	46	46
2014	54	41	41
2015	74	63	53
2016	70	68	61
2017	78	75	65

WORLD PARA ATHLETICS MARATHON WORLD CUP STATISTICS

World Para Athletics Marathon World Cup Champions

T11-13

Men

2013	El Amin Chentouf	MAR	2:24:00
2014	El Amin Chentouf	MAR	2:25:07

Women

2013	Maria Paredes Rodriguez	ESP	3:17:10
2014	Maria Paredes Rodriguez	ESP	2:59:22

T11/12

Men

2016	Yutaka Kumagai	JPN	2:33:24
2017	Shinya Wada	JPN	2:34:59

Women

2016	Zheng Jin	CHN	3:13:15
2017	Misato Michishita	JPN	3:00:50

T13

Men

2016	Aniceto Antonio dos Santos	BRA	2:32:52
2017	Patryk Lekaszewski	POL	2:32:20

T42/43

Men

2013	Richard Whitehead	GBR	3:15:53
2014	Richard Whitehead	GBR	3:42:04

T44-46

Men

2013	Alessandro di Lello	ITA	2:32:06
2014	Tito Sena	BRA	2:35:45

T45/46

Men

2016	Li Chaoyan	CHN	2:27:07
2017	Alex Pires da Silva	BRA	2:28:20

T51/52

Men

2014	Santiago Sanz	ESP	1:58:16
2016	Raymond Martin	USA	1:59:53
2017	Raymond Martin	USA	1:57:15

T53/54

Men

2013	Kurt Fearnley	AUS	1:31:29
2014	Marcel Hug	SUI	1:32:41
2016	Marcel Hug	SUI	1:35:19
2017	David Weir	GBR	1:31:06

Women

2013	Tatyana McFadden	USA	1:46:02
2014	Tatyana McFadden	USA	1:45:12
2016	Tatyana McFadden	USA	1:44:14
2017	Manuela Schär	SUI	1:39:57

World & British Records

World Para Athletics World Records

Men

T11	2:31:59	Andrea Cionna	ITA	Rome	18 Mar 2007
T12	2:21:33	El Amin Chentouf	MAR	London	26 Apr 2015
T13	2:22:55	Carlos Talbot	USA	Seoul PG	24 Oct 1988
T42	3:15:53	Richard Whitehead	GBR	London	21 Apr 2013
T46	2:26:54	Abderrahman Ait Khamouch	ESP	London	26 Apr 2015
T51	2:23:08	Heinrich Koberle	GER	Berlin	24 Sep 1995
T52	1:40:07	Thomas Geierspichler	AUT	Beijing PG	17 Sep 2008
T53/54	1:20:14	Heinz Frei	SUI	Oita	31 Oct 1999

Women

T11	3:13:15	Zheng Jin	CHN	London	24 Apr 2016
T12	2:58:23	Elena Pautova	RUS	London	26 Apr 2015
T52	2:07:28	Tomomi Yamaki	JPN	Oita	9 Nov 2008
T53/54	1:38:07	Manuela Schär	SUI	Oita	27 Oct 2013
	1:38:07	Wakako Tsuchida	JPN	Oita	27 Oct 2013

Note: Official IPC world records are only accredited if they are set at IPC licensed events and a record application form is received by World Para Athletics.

World Para Athletics World Records Set in London

Men

T12	2:24:00	El Amin Chentouf	MAR	21 Apr 2013
T12	2:21:33	El Amin Chentouf	MAR	26 Apr 2015
T42	3:15:53	Richard Whitehead	GBR	21 Apr 2013
T46	2:26:54	Abderrahman Ait Khamouch	ESP	26 Apr 2015

Women

T11	3:38:16	Ivonne Mosquera-Schmidt	USA	21 Apr 2013
T11	3:36:04	Yumiko Konno	JPN	13 Apr 2014
T11	3:26:18	Regina Vollbrecht	GER	26 Apr 2015
T11	3:13:15	Zheng Jin	CHN	24 Apr 2016
T12	3:17:10	Maria Paredes Rodriguez	ESP	21 Apr 2013
T12	2:58:23	Elena Pautova	RUS	26 Apr 2015

Note: The following result was not ratified as a world record because IPC Athletics did not receive the record application forms.

T12	2:59:22	Maria Paredes Rodriguez	ESP	13 Apr 2014
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Unofficial British Bests

Men

T11	2:55:22	Chris Goodwin	Valencia	20 Nov 2016
T12	2:47:16	Steve Markle	London	17 Apr 2011
T13	2:36:58	Steve Markle	London	26 Apr 2009
T42	2:42:54	Richard Whitehead	Chicago	10 Oct 2010
T44	2:52:55	Abdifatah Dhuhulow	London	17 Apr 2011
T46	2:37:28	Derek Rae	London	24 Apr 2016
T52	1:56:43	Rob Smith	Dubai	24 Jan 2014
T53	1:25:06	Simon Lawson	Boston	17 Apr 2017
T54	1:26:17	David Weir	Boston	18 Apr 2016

Women

T11	4:58:16	Louise Simpson	Chester	4 Oct 2015
T53	2:17:46	Nikki Emerson	London	25 Apr 2010
T54	1:40:03	Shelly Woods	Beijing	17 Sep 2008

Note: There are no official British para athletics marathon records at the current time.

VETERAN STATISTICS

Top 10 Veterans All Time (40+)

Men

Time	Name	Country	Place	Year
2:08:38	Kenneth Mungara	KEN	Milan	2016
2:08:46	Andres Espinosa	MEX	Berlin	2003
2:10:13	Hassane Ahouchar	MAR	Valencia	2015
2:10:18	Rachid Kisri	MAR	Ottawa	2015
2:10:33	Mohamed Ezzher	FRA	Paris	2011
2:10:47	Jonathan Cheron	KEN	Beijing	2001
2:10:50	Japhet Kosgei	KEN	Gold Coast	2011
2:11:00	Mariko Kiplagat	KEN	Beijing	2015
2:11:04a	John Campbell	NZL	Boston	1990
2:11:18	Jack Foster	NZL	Christchurch	1974

Women

Time	Name	Country	Place	Year
2:23:31	Lydia Cheromei	KEN	Shanghai	2017
2:24:54	Irina Mikitenko	GER	Berlin	2013
2:25:43	Lyudmila Petrova	RUS	New York	2008
2:26:51	Priscilla Welch	GBR	London	1987
2:26:57	Christelle Daunay	FRA	New York	2015
2:27:05a	Viraya Sultanova Zhdanova	RUS	Duluth	2003
2:27:08	Lucy Karimi	KEN	Dubai	2015
2:27:47	Deena Kastor	USA	Chicago	2015
2:28:06	Irina Bogacheva	KGZ	Nashville	2003
2:28:18	Miranda Boonstra	NED	Eindhoven	2012

a = assisted course

Top Veterans in London (40+)

Men

Time	Name	Country	Year
2:14:07	Serhiy Lebid	UKR	2016
2:16:00	Kjell-Erik Stahl	SWE	1986
2:17:22	John Campbell	NZL	1991
2:17:22	Eamonn Martin	GBR	1999

Women

Time	Name	Country	Year
2:26:51	Priscilla Welch	GBR	1987
2:27:42	Lyudmila Petrova	RUS	2009
2:29:43	Joyce Smith	GBR	1982

Note: from 1981 to 2008, women of 35 and over were considered veterans at the London Marathon. From 2009 the veteran categories were changed to 40+ for both men and women.

Awards and Bonuses (men and women 40+)

1	\$1,000
2	\$500
3	\$250

Veteran age groups

40-44
 45-49
 50-54
 55-59
 60-64
 65-69
 70+